

Indigenous Australians and nutrition—a human rights based approach

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Poor quality food and inadequate nutrition is one the main determinants of the poor health in the Indigenous population, affecting all age groups from infants to the elderly. It is particularly associated with the high rates of chronic diseases found in the Indigenous population. Mr Calma discusses this in the context of the right to health of Indigenous peoples in Australia. He also examines the adequacy of the National Aboriginal and Torres Strait Islander Nutrition Strategy and Action Plan as a response to the food needs of Indigenous communities. Mr Calma will finish by discussing the work of the Campaign for Indigenous Health Equality, lead by him and involving over 40 Indigenous and other health peak bodies, and the Summit for Indigenous Health Equality due to be held in Canberra a week after the National Nutrition Networks Conference.