

The expansion of Good Start Breakfast Clubs and accompanying food security initiatives to remote Aboriginal communities in Central Australia

Gwen Crombie, Jack Crombie, Australian Red Cross—Central Australia

Through the painting by Jack Crombie “Red Cross Tjukurpa” Gwen and Jack will relate the story of Red Cross expanding its nutrition services into the remote communities of Central Australia. They will explain how valuable lessons learnt from providing Good Start Breakfast Clubs (GSBC) Australia wide since 1992, were transferred into developing programs responsive to remote community needs, maintaining a strong emphasis on volunteerism (community helpers) and community participation and ownership, which also addresses capacity building; Red Cross do not do it *for* communities but rather provide training and support for community members to deliver the GSBCs and other food security and nutrition initiatives themselves.

With the use of PowerPoint slides to add visual support and contextualise the programs, Gwen and Jack will discuss the achievements to date, the partnerships developed, the barriers confronted so far and strategies developed to deal with the barriers.