

Presentation 1

Total presentation time 1.45-2.25pm

Traven approx 20-25 mins

Mandy approx 20mins (separate
presentation)

National Aboriginal and Torres
Strait Islander Nutrition
Strategy and Action Plan
2000-2010

NATSINSAP

Why NATSINSAP?

- Poor nutrition profile of Indigenous Australians has been known for decades
- The call for action grew too great to further ignore
- National strategy and action plan was required

Key backers of NATSINSAP

- National Public Health Partnership
- Strategic Inter-Government Nutrition Alliance
- *Eat Well Australia* (Key publication)
 - Guide Australia's Investment in public health nutrition 2000-2010

Development of NATSINSAP

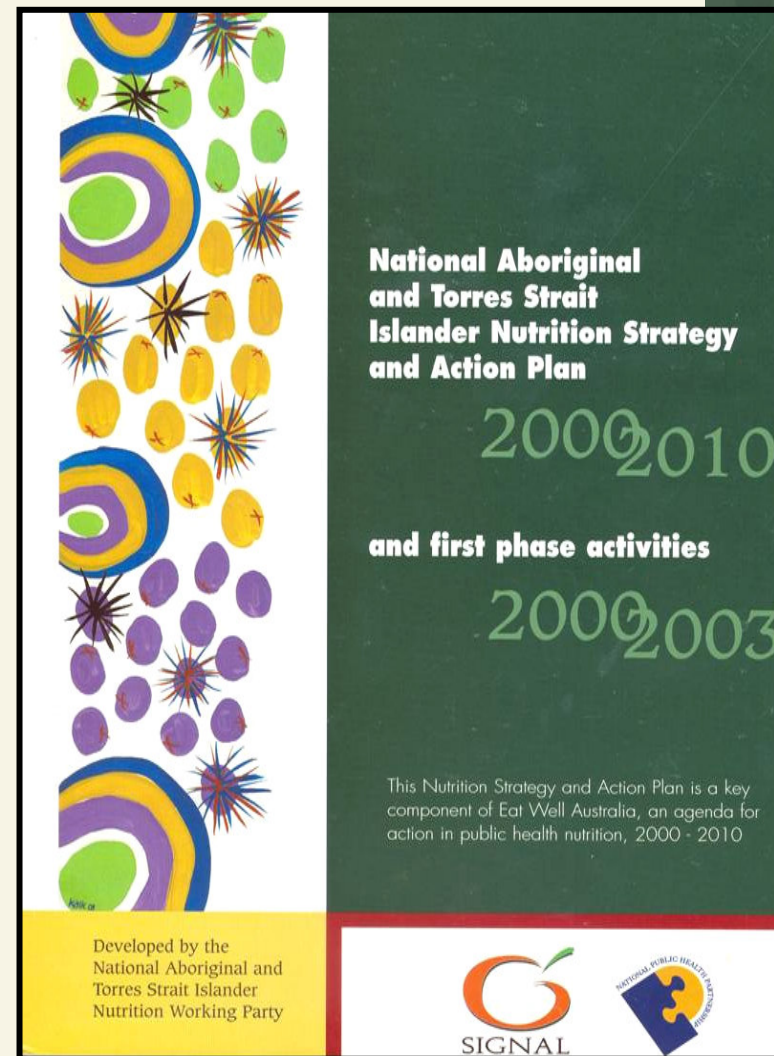
- Chair NATSINWG -Ms Dulcie Flower
- Consultation process
 - last Nutrition Networks Conference 1999
 - NHMRC report on Nutrition in Aboriginal and Torres Strait Islander Peoples

Endorsement of NATSINSAP

- 1st August 2001 at the Australian Health Ministers Conference
State/Territory/Federal Health Ministers endorsed '*Eat Well Australia*' including it's Indigenous focus component

Intent of NATSINSAP

- Framework for action
- Time Frame 2000 – 2010
- *'Eat Well Australia'* – guide investment
- Est. steering committee



Governance of NATSINSAP

- National Steering Committee including all State, Territory & Australian Gov. jurisdictions.
- Advised by NATSINSAP Reference Group (includes NACCHO, AMA, NHMRC, DAA, PHA, NA, ALGA, ACDPA, APHNAC).
- SIGNAL (previous) reports to the Australian Population Health Development Principal Committee.

Governance of NATSINSAP

- Funding secured in 2003
- Outsourced Model
- Position started in August 2004 based in QLD Health
- Re-engage

NATSINSAP action areas

- **Aboriginal nutrition workforce**
- **Food supply in rural and remote areas**
- **Communicating & disseminating 'good practice' nutrition programs (NEW)**
- Family focussed maternal & child nutrition
- Nutrition issues in urban areas
- Food security and socioeconomic status
- The environment & household infrastructure
- National food and nutrition information systems

NATSINSAP action areas

- **Aboriginal nutrition workforce**
- Food supply in rural and remote areas
- Communicating & disseminating 'good practice' nutrition programs
- Family focussed maternal & child nutrition
- Nutrition issues in urban areas
- Food security and socioeconomic status
- The environment & household infrastructure
- National food and nutrition information systems

Aboriginal nutrition workforce

Obj: Increase the numbers & develop the capacity of the nutrition workforce to support food & nutrition initiatives

Indigenous nutrition workforce training (VET)

- Nationally accredited qualification for Aboriginal & Torres Strait Islander Health Workers
- **Nutrition** will now be a **core competency** for all generalist AHW undertaking 'practice' stream (Cert 1V).
- Three new 'elective' nutrition competencies allow development of specialist accredited nutrition courses for AHW.
- Nutrition support materials are now being developed by the Industry Skills Council to support course development.
- QLD workforce development

NATSINSAP action areas

- Aboriginal nutrition workforce
- **Food supply in rural and remote areas**
- Communicating & disseminating 'good practice' nutrition programs
- Family focussed maternal & child nutrition
- Nutrition issues in urban areas
- Food security and socioeconomic status
- The environment & household infrastructure
- National food and nutrition information systems

Food supply in rural and remote areas

Obj: Improve Access to a variety of affordable & good quality foods for Aboriginal and Torres Strait Islander peoples residing in rural & remote locations

Remote Indigenous Stores and Takeaways project (RIST)

- Commitment from 5 jurisdictions & Australian Gov. to remote food supply project- to be **launched** at this conference
- Goal- To improve access to healthy food in Remote Indigenous Stores and Takeaways



NATSINSAP action areas

- Aboriginal nutrition workforce
- Food supply in rural and remote areas
- **Communicating & disseminating 'good practice' nutrition programs**
- Family focussed maternal & child nutrition
- Nutrition issues in urban areas
- Food security and socioeconomic status
- The environment & household infrastructure
- National food and nutrition information systems

Communicating & disseminating good practice

Obj: Identify effective collation and dissemination practices to inform the appropriate workforce on relevant nutrition information

Australian Indigenous Health *InfoNet*

- Nutrition section of the Australian Indigenous Health *InfoNet* now established
- Sharing nutrition resources, evidence and 'good practice' models nationally
- E networking
- To be showcased at this conference
- Re-establishment of Nutrition Networks conference under the auspices of the NATSINSAP

NATSINSAP action areas

- Aboriginal nutrition workforce
- Food supply in rural and remote areas
- Communicating & disseminating 'good practice' nutrition programs
- **Family focussed maternal & child nutrition**
- **Nutrition issues in urban areas**
- **Food security and socioeconomic status**
- **The environment & household infrastructure**
- **National food and nutrition information systems**

Family focussed maternal & child nutrition

Obj: Facilitate programs with a focus on mums & bubs, food access & supply, growth assessment of infants and children, healthy lifestyles, dental health & health of Aboriginal and Torres Strait Islander men.

Nutrition issues in urban areas

Obj: Increased understanding of
nutrition issues pertaining to
Aboriginal and Torres Strait
Islander living in urban settings

Food security and socioeconomic status

Obj: Seek to address the major factors that contribute to food insecurity

- GST - increase costs transfer
- Income management issues

The environment & household infrastructure

Obj: Identify and communicate household infrastructure required to support safe and nutritious food supply

National food and nutrition information systems

Obj: Part of national food & nutrition monitoring system develop and implement strategy to meet information needs for Aboriginal and Torres Strait Islander people

Thank you

Traven Lea
Chair NATSINSAP Steering
Committee

Traven.lea@heartfoundation.org.au