

KIDNEY TRANSPLANT - SURGERY



Central Australian Version

When a kidney becomes available you will be notified by phone.



This can happen at any time - day or night.

If you are on the active waiting list for a kidney, then we need to be able to contact you very quickly if a kidney becomes available to you. If you are visiting or living on your homelands then you need to be able to get into town very quickly.



If you do get called for a kidney, you have less than 1 day to get to Adelaide and have the transplant operation. If the kidney doctor can not contact you in time, or you can not travel from your homelands to town immediately, then you may miss out, and the kidney may be given to someone else.

You will go to the Hospital Emergency Department straight away.



The Doctor will check to see if you are still fit enough for a transplant.



If you are still fit enough, you will be flown to Adelaide on the next available flight.



Have a plan for when you get called.
You can bring one adult person with you for support.



Have a bag with:

Warm clothes



Tablets



Money



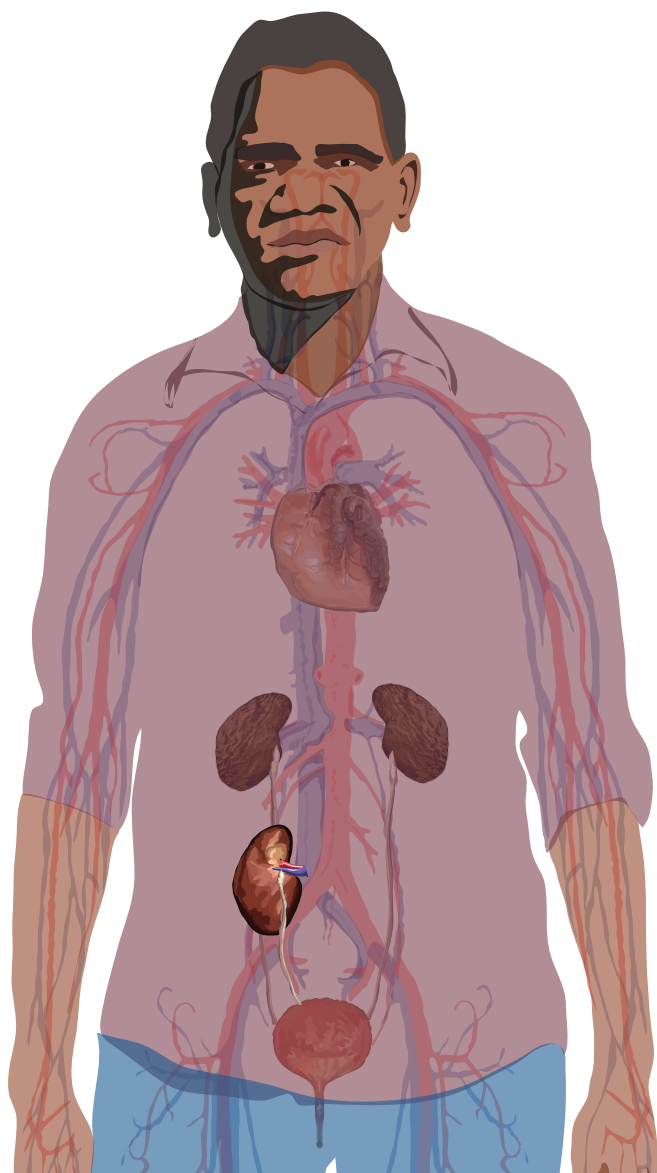
From the airport you will get a taxi to the hospital



You will be seen by lots of Doctors and Nurses before the operation.



After the operation you will have a third kidney. It is normal for the transplanted kidney to take some time to start working.



There will be a scar on your tummy.



When the transplanted kidney is working you will be passing urine.



The transplanted kidney may not work straight after the operation. There will not be any urine until it starts working.



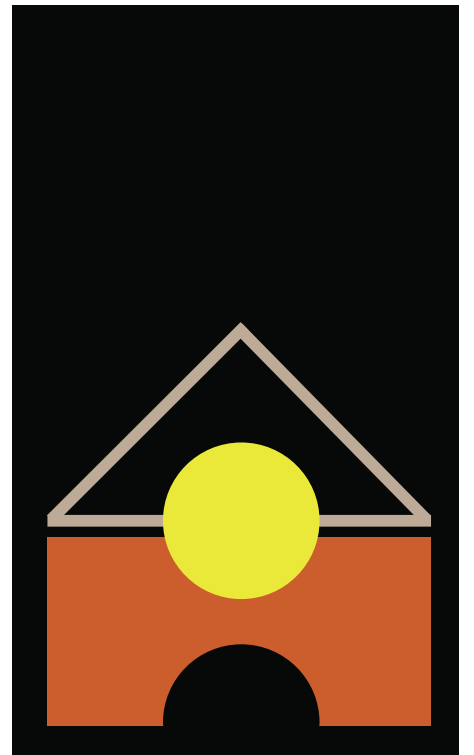
When the transplanted kidney does not work straight away you will have dialysis in Adelaide Hospital for some time after the operation.



You will have to stay in the hospital for about 10 days, but it could be longer if there are any complications.



You will have to stay in Adelaide for about 4 weeks.
You can stay at a Hostel



Aboriginal Hostels
Limited

You will have to visit the hospital each day for check ups.



Blood Tests



Blood Pressure



Body Weight



Medication



Urine sample



If everything is going well with the transplanted kidney you can return to Alice Springs after 4 weeks.

You will have to live in town for up to 6 months so that you can have check ups with your kidney doctor and nurse.





After staying in town for some time you can return home to your community.

Back at home, keep taking good care of yourself and your transplanted kidney.



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RESOURCE TOPICS:



THE WORK OF YOUR KIDNEYS



WHEN YOUR KIDNEYS GET SICK



LIVING WITH KIDNEY DISEASE



DIET AND KIDNEY DISEASE



TREATMENT OPTIONS & PATHWAYS



PERITONEAL DIALYSIS



HAEMODIALYSIS



FISTULA AND CATHETER



PALLIATIVE CARE FOR PEOPLE WITH SICK KIDNEYS



TRANSPLANT BOOKS 1 - 4

NT Renal Services would like to thank all the renal patients and others who donated their time in posing for the photos that were used to make the illustrations in these resources.

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Border art work From NT Palliative Care Model
Design by Bev Derschow

Painting by Barrapuy Wanambi, Dipililnga Marika, Wayalwanga Marika, Samuel M Assan, Nina Puruntatameri, Karina Napagardi Penhall

Proudly supported by
**Northern Territory
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Australian Government
Department of Health and Ageing

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