



About the Kimberley map

Be more active
Eat healthy food

Drink water
Beat disease

The Kimberley map features the *42 Kimberley schools, 8 mine sites, 3 oil and gas fields, 16 national parks and reserves and 15 indigenous animals*. Many of the animals selected are very significant to the school / community near which they are located. For example:

- ★ Luurnpa – kingfisher (<http://www.luurnpa.wa.edu.au/Aboriginal/Aboriginal.htm>)
- ★ Kururrungku—wallaby (<http://billiluna.org.au/school-heritage-collection/100-kururrungku-the-dreamtime-law.html>)
- ★ Purnululu Independent Community School is located at Frog Hollow (<http://www.purnululuschool.com/content.asp?cid=12>)
- ★ La Grange— La Grange Remote Community School is located in Bidyadanga Community. Bidyadanga in the Karajarri language means Emu (<http://www.sharingstories.com.au/?q=content/bidyadanga-school>)

For every 15 minutes of physical activity completed as a team, place a numbered sticker on a map feature. For every healthy lifestyle lesson, place a HLL sticker on a school marked with a red dot. The number of features on the map are the equivalent of 30 minutes of physical activity per day and 8 healthy lifestyle lessons over the 8 weeks of the challenge. Teams score 1 point for each numbered sticker and 5 points for each HLL sticker.

The map is intended to be flexible. Teams are welcome to add extra features to it according to whatever is most relevant to their studies at the time.