

# DURRI ABORIGINAL CORPORATION MEDICAL SERVICE Education Resource Package

A resource to support our teachers and students in learning to identify and prevent the onset of T2 Diabetes.

Type 2 Diabetes is fast becoming a disease that affects our Community. Students in our schools are being identified earlier than in the past. One of the keys to successful prevention and education in Diabetes and health is teaching content during a students formative stage when decisions, values and attitudes are formed. This Education Resource Package is aimed at supporting Stage 3 and 4 in the transition years from Years 5 – 8 in schools as well as in a tertiary setting.

Targeting health messages which detail lifestyle choices will make a difference in future health outcomes for students. The activities in this resource can be used in a teaching setting to assist staff in schools through a factual health focus. This resource will provide teachers and staff involved in health promotion with tools to structure lessons with an effective and informed health perspective.

**This boxed kit contains:**

**1. Kit Overview Booklet**

This contains the Project Outline as well as Quality Teaching Content and Syllabus Outcomes

**2. Camp Booklet**

This contains information on how to prepare health-based excursions

**3. Factual Health Booklet**

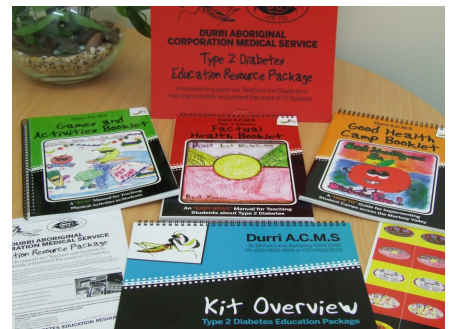
This contains pages that can be copied for students on Diabetes facts

**4. Games and Activities Booklet**

This contains ideas to support the teaching of PD/H/PE in Schools

**5. Stickers**

These stickers have been designed by local students to be used for health promotion



## ORDER FORM

TO ORDER: Please print, fill in all details and email or fax your payment or Purchase order to: (Cheques and mail orders to be made out to DURRI ACMS)  
DURRI ACMS  
PO BOX 136, KEMPSEY NSW 2440  
Ph: (02) 6560 2300 Fax: (02) 6562 3371  
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