



# Dental Health Education Resource Directory

**Giving a talk ....**

**Setting up a display ....**

**Need some ideas?**

A wide variety of teaching materials are available for loan from the Dental Health Education Unit (DHEU). This also includes a selection of dentally orientated children's books. Contact the DHEU or Library for the complete list of children's books.

For assistance with projects and resources contact us by .....

**DHEU** Tel (08) 9313 0604/5     **LIBRARY** (08) 9313 0610

Fax (08) 9313 0630

In person at 43 Mt Henry Road, Como WA 6152 (by appointment)

By post at Locked Bag 15, Bentley Delivery Centre 6983

By email: [dheu@dental.health.wa.gov.au](mailto:dheu@dental.health.wa.gov.au)

## How to use this directory

This Directory has been compiled to assist in selecting the most suitable material for a specific activity and/or target group. Each item has been categorised as 'Suitable For.....' as appropriate. Brief comments on the content of each resource are included under the heading 'Description Of Resources'.

Check out 'Odds And Ends' section for some great, fun resources!

## Legend

Display

D

Manual

M

Flip Chart

FC

Slide Series

SS

Hand Puppet

HP

Video

V

Kit

K

## **NB Children's books available, contact the DHEU or library**

### **SUITABLE FOR: PRE AND LOWER PRIMARY SCHOOL LEVEL (PRE-YR 3):**

Alligator; Bear; Dinosaurs (2); Elephant; Bug; Giraffe; Horse; Pig; Rabbits (1 large, 1 small); Dog; Snake	HP
Animal Flashcards	K
Bright Smiles, Bright Futures	K
Colgate Oral Care Kit	K
Dr. Rabbit Comes To Pre-School	K
Dr. Rabbit's Dental Lesson	D
Dr. Rabbit's Flashcard Kit	K
Dr. Rabbit's World Tour	V
Dyno's Story	K
K - 2 Flashcard Kit	K
Little Kids Kit	K
Me And My Big Mouth	V
My Bright Smile	D
Natural Habits	K
Pre-school Photo cards	K
The Adventures of Wiggly Tooth	V
The Incredible Ride	V
The Legend of Tooth Kingdom	V
The Three Little Pigs	V

### **MIDDLE PRIMARY LEVEL (YR 4-5) ALSO CHILDREN'S CLUBS:**

Bright Smiles, Bright Futures	K
Ch. 9 News - Avulsed Tooth (Eagles match)	V
Colgate Oral Care Kit	K
Dental Diseases	D
Dr. Rabbit's Dental Lesson	D
Dr. Rabbit's Flashcard Kit	K
Dr. Rabbit's World Tour	V
Dudley's Classroom Adventures	V
General DHE Slide Series	SS
Healthy Choices - The Right Choice	D
Me and My Big Mouth	V
My Bright Smile	D
Orthodontics And Mouth Care	D
Rattle Chatter And Chew	K
Snack Smart	D
The Incredible Ride	V

### **UPPER PRIMARY LEVEL (YR 6-7) ALSO CHILDREN'S CLUBS:**

Acid Attack	V
Brushing - Clean, Cleaner, Cleanest	V

Ch. 9 News - Avulsed Tooth (Eagles match)	V
Dental Diseases	D
Dental Mouthguards In Sport	V
Flossing - Clean, Cleaner, Cleanest	V
General DHE Slide Series	SS
Get A Dental Check-up	D
Healthy Choices - The Right Choice	D
Healthy Teeth, Healthy Gums	V
Mercedes College Rock Eisteddfod	V
Mouthguards and First Aid Following Tooth Avulsion	SS
Oral Piercing	D
Orthodontics And Mouth Care	D
Rattle Chatter And Chew	K
Snack Smart	D
Spotlight Your Smile - Get A Dental Check-up	D
Sugar And Fat In Foods	D
Your Guide To Healthy Teeth	FC

#### **HIGH SCHOOL LEVEL ALSO YOUTH GROUPS & CLUBS:**

Acid Attack	V
Adolescent Slide Series	SS
Brushing - Clean, Cleaner, Cleanest	V
Ch. 9 News - Avulsed Tooth (Eagles match)	V
Cool Canteens	V
Dental Careers	D
Dental Diseases	D
Dental Therapy - A bright future	D
Dental Mouthguards In Sport	V
Flossing - Clean, Cleaner, Cleanest	V
General DHE Slide Series	SS
Get A Dental Check-up	D
Healthy Choices - The Right Choice	D
Healthy Teeth, Healthy Gums	V
Mercedes College Rock Eisteddfod	V
Methamphetamine - A Dental Nightmare	D, FC
Mouthguards and First Aid Following Tooth Avulsion	SS
Oral Piercing	D
Orthodontics And Mouth Care	D
Snack Smart	D
Spotlight Your Smile - Get A Dental Check-up	D
Sugar And Fat In Foods	D
Teeth Tools	D
What Colour Is Your Sports Drink?	V
Your Guide To Healthy Teeth	FC

## INDIGENOUS COMMUNITIES:

Building Strong Teeth	FC
Dental Diseases	D
Every Day Is The Way	V
Future Specs	V
Healthy Choices - The Right Choice	D
Jabby Don't Smoke	K
Jordan and Carla's Moorditj Tucker	V
Looking After Young Mouths	FC
No Sugar No Holes	V
Methamphetamine - A Dental Nightmare	D, FC
Smile	V
Smiles Ahead	K
Snack Smart	D
Solid Smiles	K
Sugar And Fat In Foods	D
The Tooth Book	FC
The Aboriginal and Torres Strait Islander Guide to Healthy Eating - Educator's Resource	M
Tiddalick's Toothy Tale	K

## CANTEEN:

Canteen Display	D
Cool Canteens	V
Food For Thought	V
Healthy Choices, The Right Choice	D
Management Sense Food Sense	M
Snack Smart	D
Sugar And Fat In Foods	D
The Aboriginal and Torres Strait Islander Guide to Healthy Eating - Educator's Resource	M
Tooth Friendly Canteens	D

## PARENTS OR CARERS OF PRE-SCHOOL CHILDREN, PRE/ANTE-NATAL GROUPS, EARLY CHILDHOOD STUDENTS

Begin Healthy Choices Early - For A Great Smile	D
Early Childhood DHE Slide Series	SS
Healthy Choices, The Right Choice	D
Healthy Teeth For Life	V
Mind Your Teeth - Good Advice On Dental Care For Teeth (Chinese, Danish, Farsi, English, Somalian, Tamil, Urdu and Vietnamese)	V
0 - 6 Flashcard Kit	K
Snack Smart	D

Sugar And Fat In Foods	D
Your Child's Smile Is Precious	D
Your Smile Counts	K

## **PARENTS AND CITIZENS MEETINGS:**

Canteen Display	D
Cool Canteens	V
Dental Diseases	D
Dental Mouthguards In Sport	V
Food For Thought	V
General DHE Slide Series	SS
Get A Dental Check-up	D
Healthy Choices, The Right Choice	D
Management Sense Food Sense	M
Methamphetamine - A Dental Nightmare	D, FC
Mouthguards and First Aid Following Tooth Avulsion	SS
Oral Piercing	D
Orthodontics And Mouth Care	D
Snack Smart	D
Spotlight Your Smile - Get A Dental Check-up	D
Sugar And Fat In Foods	D
Teeth Tools	D
The Aboriginal and Torres Strait Islander Guide to Healthy Eating - Educator's Resource	M
Tooth Friendly Canteens	D

## **CARERS OF PEOPLE WITH A DISABILITY & THE AGED:**

Basic Patient Care Series - Oral Hygiene	V
Community Dental Care, Cerebral Palsy And You	V
Dental Care For The Elderly	V
Dental Diseases	D
Everybody's Got A Mouth	V
Fresh Every Day	V
Health Promoting Ideas, Strategies And Resources To Teach People With Intellectual Disability	M
Healthy Choices, Right Choices	D
Help Needed: Dental Care For People With Disabilities	V
Home Care For The Handicapped	V
It's A Mouthful	V
Practical Oral Care	V
Snack Smart	D
Sugar And Fat In Foods	D
Teeth Tools	D
Your Smile - Oral Care for Children With Cerebral Palsy	V

**Dental Health Services is now on-line at ..... [www.dental.wa.gov.au](http://www.dental.wa.gov.au)**

**The site provides fully prepared dental health lessons including a lesson plan, worksheets and additional student activities suitable for all primary classes. All lessons are linked to the Curriculum Framework.**

**Just click on 'Education Resources', then click on 'For Teachers & Educators' to access the dental health lessons.**

**These are sorted by years K-2 and 3-7. Topics include:**

- **Dental Diseases and Prevention**
- **Growth, Development and Function**
- **Diet and Dental health**
- **Dental Professionals**
- **Mouth Safety**

**The site also provides information on dental services available for adults and school children and location of clinics.**

## ***ODDS AND ENDS***

### **BLOW-UP DRILL**

One metre tall blow-up character representing a dental drill is a fun prop to accompany a talk to young children or to attract attention at a health or careers expo. The drill can be borrowed 'naked', or dressed in a dentist's coat, mask, gloves, protective glasses and carrying a plastic mouth mirror.

### **'BRISTLES'**

'Bristles' is a life-sized costume representing a toothbrush. This is ideal for an interactive dental health campaign, (such as during Dental Health Month) or to entertain and educate a group of children. 'Bristles' is on permanent loan to the DHEU and is available for short periods to Dental Health Services' staff who are not too tall and are game enough to climb inside the outfit! Don't choose a hot day!

### **CARTOON FACES FOR LARGE FOAM TEETH**

Brighten up the large foam teeth resource and will certainly attract attention! Each set of eyes and mouth have been individually coded to provide different expressions (i.e. happy or sad tooth) and to fit the individual teeth (i.e. molar, canine, incisor). The faces can be attached with Blu-Tack to preserve the laminating.

### **CHAIRSIDE INSTRUCTORS**

A variety of commercially produced Chairside Instructors (flip charts, atlases and dental procedures charts) are available for loan. Using a combination of graphics, colour photos and text, a wide variety of dental diseases, procedures and specialty treatments are clearly described and illustrated. Ideal for dental clinics, teachers and students.

## **'COOL DUDE'**

This is a unique interactive resource. It consists of a dental 'phantom head' fitted with a realistic set of adult teeth. 'Dude' is dressed in a T-shirt, baseball cap (which he likes to wear backwards of course!), wild hair and trendy sunglasses. 'Cool Dude' has a 'vice-like grip' that clamps him onto a table making him an excellent prop for a dental health lesson or to attract attention at an expo. He is perfect for presentations on mouth safety, allowing students to insert a mouthguard, or to role-play procedures for an avulsed tooth. 'Dude' is also happy to open his mouth at career expo's, so students can try using a mouth mirror. This resource is available for short periods to Dental Health Services' staff.

## **DISPLAY BOARDS**

A new three-panel display system is available for library, shopping centre and foyer displays. This unit is covered in dark grey fabric, is very lightweight, easy-to-assemble and disassemble. The dimensions are 1.65 metres wide by 1.8 metres high.

A second, older display system is still available for loan. However, this unit is heavier and a little more awkward to assemble than the one previously mentioned. This consists of four double sided panels, a triangular table attachment, four detachable spotlights, and attachable pamphlet holders. The coverage averages 2.25 metres in height, and approximately 3 metres in width, which is ideal for a large sized display.

## **GIANT 'ELECTRIC TOOTHBRUSH'**

This 1.5 metres tall plastic 'Electric Toothbrush' is a great prop for attracting attention at a shopping centre display or health and career expo. This resource can be used in conjunction with other props such as the 'blow-up drills' and large foam teeth with cartoon faces to really attract a crowd!

## **GIANT TEETH MODELS AND BRUSH**

Very large hinged and articulated teeth with large toothbrush. These big models are great for discussing the various shapes of teeth and for demonstrating toothbrushing to groups or individuals. The 'hinge' allows the upper and lower jaw to be manipulated into different positions e.g. to demonstrate various ways teeth can bite together.

## **LAMINATED POSTERS AND PHOTO CARDS**

A large range of laminated posters and A4 and A3 photographs covering many areas of dental health are available for use during presentations or displays.

## **LARGE TEETH MODELS AND BRUSH**

Large plastic articulated teeth and large toothbrush are ideal for demonstrating toothbrushing technique to groups, especially to children.

## **LARGE FOAM TEETH**

Dressing up these huge foam teeth, which includes incisor, canine, and molar deciduous teeth, is a fun way to attract attention in a classroom, library, or shopping centre display, or to use as a prop for a school play.

# DESCRIPTION OF RESOURCES

## *DISPLAYS (D)*

### **BEGIN HEALTHY CHOICES EARLY - FOR A GREAT SMILE 1999**

This display focuses on the importance of establishing healthy eating habits, good nutrition, and daily dental care early in life to reduce the risk of dental disease, and to promote good general health.

### **CANTEEN DISPLAY 1999**

The canteen display makes positive statements about how school Dental Therapy Centres and canteens can work together to ensure a healthy future for school children. It focuses on the dental perspective. This display is suitable for dental clinics, school and community libraries and can be set up for P&C meetings.

### **DENTAL CAREERS 1994**

A range of photos and text depicting dentists, dental therapists, dental hygienists, dental clinic assistants, and dental technicians undertaking a range of duties. Designed for high school career expo's, shopping centres and library displays. The photographs can be used as a display or as flashcards.

### **DENTAL DISEASES 2003**

This photographic display is simple and to the point. The content focuses on the two main dental diseases, gum disease and tooth decay, and the main preventive measures. Photographs include healthy teeth and gums; gingivitis; magnified plaque on teeth; decayed molar and the 4 rules for good dental health. Very suitable for clinic waiting rooms, classrooms, libraries and can be used in conjunction with other displays such as 'Healthy Choices, The Right Choice', or 'Teeth Tools'.

### **DENTAL THERAPY - A bright future ... in your hands 2003**

This display promotes 'Dental Therapy' as a career using coloured photos, text and a large bright poster. A therapist is shown carrying out various duties including taking and viewing radiographs, clinical work, oral hygiene instruction. The photos could also be used as flashcards during a pre-school/parent talk to explain the therapist's role.

### **DR. RABBIT'S DENTAL LESSON 1999**

Dr. Rabbit, the main character from the Colgate 'Bright Smiles Bright Futures' kit (yellow box), gives a lesson on 'how to care for your smile'. Dr. Rabbit discusses plaque, acid attacks, fluoride, toothbrushing, healthy foods and dental check-ups. The display consists of 12 colourful cartoon-style cards, including one on flossing and one on sealants, which are optional. This display is very suitable for dental clinic waiting rooms, child care centres and classrooms.

### **GET A DENTAL CHECK-UP 1999**

This display focuses on conveying one main message; 'get a dental check-up'. The display targets upper primary and young teenage groups with the aim of raising their dental awareness and encouraging regular dental attendance. It is a fun, cartoon style presentation using adolescent jargon to get the message across. Suitable for dental clinic waiting rooms, student common rooms, school and community libraries/notice boards or anywhere that youth congregate e.g. sporting centres, Police and Citizens clubs, and church youth groups.

## **HEALTHY CHOICES - THE RIGHT CHOICE 1996 and 2005**

Designed to help people make informed choices about the products they buy, to be aware of hidden sugars, and to read the ingredients label on packages to identify contents. Includes photographs, with accompanying text, showing drinks, foods and medicines which contain sugar, a group of children enjoying and eating healthy snacks and a display of healthy foods. Suitable display for dental clinic waiting rooms, shopping centres, school and community libraries, child health centres, day care and play groups.

## **METHAMPHETAMINE – A DENTAL NIGHTMARE! 2008**

This display focuses on the devastating oral effects from the drug Methamphetamine (also known as 'Ice', 'Meth' and 'Crystal'). 'Meth Mouth', is the term commonly used to describe the rampant, advanced decay of a user and it is best prevented, as, once the condition occurs, extraction is often the only course of treatment. The display consists of extremely graphic photographs depicting the devastating oral effects and targets teenagers, youth groups, rehabilitation and mental health centres as well as prisons. It is not suitable for dental clinic waiting rooms, but can be displayed, with approval, in high school student common rooms, high school and community libraries/notice boards or anywhere that youth congregate. The aim of this display is to educate the community about 'Meth Mouth' and make people, (especially the young), aware of the damage this drug can cause.

## **MY BRIGHT SMILE 2003**

The 'My Bright Smile' Global Calendars, which are included in the Colgate 'Bright Smiles Bright Futures' kit (yellow box), have been utilised to create a series of wonderful displays which will attract and delight children of all ages. These displays feature prize-winning original artwork by children from around the world. Each one consists of twelve A4-sized beautifully coloured drawings depicting each 'artist's' ideas and impressions on various dental topics. These include toothbrushing, diet, mouth safety and dental visits. There are three different displays from which to choose. Ideal for clinic waiting rooms, classrooms, libraries, child care centres.

## **ORAL PIERCING 2007**

The popularity of oral piercing, especially among our youth has seen a rise in avoidable dental problems such as cracked teeth and gum recession. This display informs about the dental facts of tongue, cheek and lip piercing so that an educated choice can be made on whether 'to pierce or not to pierce'. It is designed to make people think about the pros and cons of oral piercing and question 'is it worth it'? This display consists of 15 items, ranging from colourful text to cartoons and actual photographs. Very suitable for all dental clinic waiting rooms, student common rooms, school and community libraries/notice boards or anywhere that youth congregate.

## **ORTHODONTICS AND MOUTH CARE 2003**

Photographic display showing the importance of regular and effective oral hygiene especially when wearing fixed and removable orthodontic appliances. The display depicts both good and poor oral hygiene with a focus on hidden plaque. Suitable for dental clinic waiting rooms, school and community libraries.

## **SNACK SMART 2005**

Designed to inform people of the hidden sugars in processed snack foods and to provide healthier alternatives for lunchboxes and snacks in general. This display includes photos of common snacks such as muesli bars, fruit leathers, dried fruits and soft drinks with text explaining why these snacks provide a decay risk. A very bright and eye-catching display,

excellent for clinic waiting rooms, child care centres, school libraries, shopping centres and canteens. A relevant resource to accompany the 0-6 flashcard Kit when giving talks to Pre-school parents.

### **SPOTLIGHT YOUR SMILE - GET A DENTAL CHECK-UP 1999**

This bright, colourful display highlights the importance of regular dental check-ups and other preventive measures. Through a mixed medium of cartoons, photographs and text, topics covered include the role of plaque in caries and gum disease, toothbrushing, flossing, and diet. The display targets young adults and aims to encourage regular dental attendance. Suitable for high school and community libraries, or anywhere that youth congregate e.g. sporting centres, Police and Citizens clubs, and church youth groups.

### **SUGAR AND FAT IN FOODS Diabetes Assoc. WA 2005**

This display consists of 10 x A4 photos with text depicting food sources of sugar and fat in the Australian diet. Teaspoons of sugar and butter shown in front of the foods represent the sugar and/or fat content of that food. An additional 12 photos are included (no text) depicting fat content only. These can be used as an 'optional extra'. This display may also be used as flashcards and a set of teaching notes is included which provides information on all 22 photos. Specific reference is sometimes made in the notes to people with diabetes. When using the kit for dental education, this reference may be ignored.

### **TEETH TOOLS 1996**

This display encompasses the importance of oral care and the need to select the correct aid to suit the individual, e.g.. for children under 6 years of age always use a low fluoride toothpaste. The photographs depict various toothbrushes, toothpastes, floss and interproximal brushes, and special handles for people with a disability or dexterity problem. Suitable display for dental clinics, shopping centres, school and community libraries.

### **TOOTH FRIENDLY CANTEENS 2006**

This display focuses on sugar being the main dietary cause of tooth decay and how to have a tooth-friendly canteen. Photos of foods, drinks and snacks that are not tooth-friendly are displayed with a 'cross' next to them, whilst healthier canteen food alternatives are accompanied by a 'tick'. Appropriate text boxes and bright yellow stars convey the dental messages and advice for canteen personnel. The display has been designed to fit the new, smaller pin-up boards available from the DHEU and is suitable for dental clinics, libraries and to accompany canteen talks to P&C groups.

### **YOUR CHILD'S SMILE IS PRECIOUS 1994**

An extensive display with photographs and accompanying text explaining Early Childhood Caries, what it looks like, how it occurs and how it can be prevented. Excellent display for child health centres, dental clinics, shopping centres, school and community libraries and other interested centres e.g. day care, play groups. This display is available in A4 and A3 sized photos.

## ***FLIP CHART (FC)***

### **BUILDING STRONG TEETH - Queensland Health 2001**

This pictorial flipchart is aimed at Indigenous school children. The chart can be used chairside by dental professionals, by teachers, Aboriginal Health workers and other health

professionals. Very attractively illustrated with culturally-appropriate drawings and minimal text, this resource covers functions of teeth, caries, gum disease (cause and prevention), toothbrushing, diet - 'everyday foods' and 'sometimes foods', and dental visits. Further information and great activities are useful inclusions. This chart can be used alone or in conjunction with other Indigenous resources available from the DHEU.

### **LOOKING AFTER YOUNG MOUTHS - Queensland Health 2001**

This pictorial flipchart targets Indigenous parents and carers of babies and young children. Ideal for dental professionals, Aboriginal Health Workers and community nurses. Suitable for presentations to pregnant women, antenatal groups and carers. With attractive, culturally-appropriate illustrations and minimal text, this flipchart covers functions of teeth, teething, breast-feeding, nursing bottle caries, bottle feeding (e.g. what not to put in baby's bottle, such as coke, cordial etc), dummies, diet – 'everyday foods' and 'sometimes foods', cleaning baby's and toddler's teeth and visiting the dentist. Further information and great activities are useful inclusions. This chart can be used alone or in conjunction with other Indigenous resources available from the DHEU.

### **METHAMPHETAMINE – A DENTAL NIGHTMARE! 2008**

The drug Methamphetamine or 'Ice', 'Meth' and 'Crystal' as it is also commonly known, has increased in popularity in WA with a known 73,000 dependent users Australia wide. This booklet depicts extremely graphic photographs of 'Meth Mouth', a term commonly used to describe the rampant, advanced decay of a methamphetamine user. It was produced to educate the community about 'Meth Mouth' and to assist 'frontline' health workers in tackling this growing problem. The booklet can be used chair-side by dental professionals, teachers and other health professionals. This flip chart can be used on it's own, or in conjunction with the display of the same name.

### **THE ABORIGINAL & TORRES STRAIT ISLANDER GUIDE to HEALTHY EATING – EDUCATOR'S RESOURCE NT Government 2005**

This A4 flip chart is a nutrition resource for educating Aboriginal and Torres Strait Islander people about choosing a balanced and varied healthy diet. The Australian Guide to Healthy Eating 'plate' has been adapted to be culturally appropriate and contains commercial foods as well as some local bush foods. Sections on physical activity for health, ideas on how to use this resource and sample meal plans are included. Although designed for Aboriginal and Torres Strait Islanders, this resource contains many graphics, photos and text suitable for conveying the principles of healthy eating to people of all cultures. This resource could be used to introduce the concepts of a 'tooth-friendly' diet and to discuss links between dental and general health.

### **THE TOOTH BOOK, a flip chart for people wanting to know about their teeth - DHEU 2003**

This 16 page book is a colourful resource which delivers dental messages using photographs, graphics and text that are culturally appropriate for Indigenous peoples. A wide range of dental diseases, treatment procedures and preventive measures are included. The Tooth Book can be used as a chairside instructor, or for small group presentations. An excellent teaching aid for Aboriginal Health Workers, community and school nurses, teachers and dental professionals working with Indigenous peoples. NB This resource is also for sale through the DHEU.

### **YOUR GUIDE TO HEALTHY TEETH - Colgate 1998**

This is a very novel resource suitable for chairside instructing, classroom teaching or benchtop displays. The small molar-shaped booklet, made from heavy card, covers a

number of dental topics including types, structure and anatomy of teeth, caries, gum disease, scaling and toothbrushing.

## **HAND PUPPETS (HP)**

ANIMAL PUPPETS: 'Alexander Alligator'; 'Bertie Bug'; 'Dottie Dinosaur'; 'Doogan Dog'; 'Dr. Rabbit'; 'Dyno Dinosaur'; 'Ellie Elephant'; 'Gerry Giraffe'; 'Horace Horse'; 'Oliver Bear'; 'Priscilla Pig'; 'Sammy Snake'. These fabulous fluffy animal puppets will be loved by people of all ages. They are an excellent teaching aid for dental staff, child carers, and pre-school teachers when introducing young children to the dental environment, or demonstrating toothbrushing. These lovable animals help foster a happy, relaxed atmosphere, whilst aiding the learning process. The puppets have a large sized mouth and teeth, and a water squirter to facilitate entertaining presentations. Also enclosed is a large toothbrush, face mask, bib, safety glasses for role-playing and a 'hints' sheet on how to use the puppet in presentations. The usage of this resource is limited only by the imagination. For creative ideas speak to the DHEU staff.

*NB A small 'Dr Rabbit' puppet, which has no teeth and has a face mask and glasses attached, is also available. Suitable for very young children who may find the other puppet's large teeth a bit scary.*

## **KITS (K)**

### **ANIMAL FLASHCARD KIT - DHEU 1999**

Looking for a simple visual resource to teach young children about the functions and shapes of teeth? This set of 5 laminated cartoon style drawings of various animals will hold childrens' interest and delight them whilst getting the message across. This kit is linked to the new Curriculum Framework in schools and includes 'Notes to the Teacher' and student activity sheets. To assist the speaker, included is a sheet of brief dental messages and simple fun activities appropriate to each of the flashcards. Plaster models of an incisor, canine, and molar are included along with colour-ins.

### **BRIGHT SMILES, BRIGHT FUTURES - Colgate Oral Care**

An educational package which can be used for 6 to 9 year olds. The kit (yellow box), contains a comprehensive user guide, a colourful story book, a 13 minute video, stickers, poster, calendar, activity books. This preventively focused program is designed to be integrated into the school curriculum and promotes family involvement. Other resources which could be used with the Kit are the 'Dr. Rabbit' puppet, 'Dr. Rabbit Flashcard Kit' or 'Dr. Rabbit's Dental Lesson' display.

### **COLGATE ORAL CARE KIT - Colgate Oral Care 1990**

This kit is suitable for 6 to 11 year olds and provides a fun and memorable way to teach children to practice good dental habits. The kit contains a teacher's guide, activity sheets for all class levels, a 'Bugs Bunny's Tooth Troop Teasers' classroom board game, and an 18 minute video. Featured on the video are James Valentine, an Australian television personality, Bugs Bunny and his Looney Tunes friends, the Tooth Troop. The video covers importance of teeth, diet, brushing/flossing and 4 rules.

### **Dr RABBIT COMES TO PRE–SCHOOL Colgate Oral Care/DHEU 2003**

This kit incorporates literacy as a theme for teaching good oral health and is designed to be integrated into the Pre–school curriculum. The kit includes a comprehensive Teacher’s Guide which contains great ideas and activities involving the whole family; a 12 minute video introducing ‘Dr Rabbit’, ‘Doogan Dog’ and ‘Alpha Betty’ who sing songs and teach a group of children how to take care of their teeth; a double sided poster (how - to - brush pictures on one side, the alphabet on the other) and a small book, ‘Dr. Rabbit Wants to Say’. Included also is a master copy of a Toothbrushing Chart and demonstration items - toothpaste, toothbrush, gloves, mask, safety glasses and mouth mirror which can be used for ‘role playing’. Other resources suitable for use with this kit include ‘Dr Rabbit’ and ‘Doogan Dog’ puppets.

### **Dr. RABBIT’S FLASHCARD KIT - DHEU 2000**

This kit consists of 12 bright, colourful, cartoon-style flashcards including one on flossing and one on sealants, which are optional. The main character is Dr. Rabbit from the Colgate Bright Smiles Bright Futures Kit who discusses plaque, acid attacks, fluoride, how to brush, healthy foods, and dental check-ups. Suggested text is printed on the back of each picture. Demonstration items such as toothpaste/brush, gloves, mask, safety glasses and mouth mirror are included. This kit could be used with ‘Dr. Rabbit’ puppet, ‘The Incredible Ride’ video, or the ‘Dr. Rabbit’s World Tour’ video.

### **JABBY DON’T SMOKE - Kimberley Healthways 1998 20 minutes**

A teacher’s resource kit containing; educational activity booklet, ‘Jabby Don’t Smoke’ video, Aboriginal jigsaw puzzle and cassette tape, felt body and body pieces, and smoking posters. The kit has a variety of suggestions for activities and information targeting the issues of smoking and chewing tobacco. The topics covered include; the effects of smoking on the body, tobacco and the law, the effect smoking has on sporting performance, passive smoking, what’s in a cigarette, and facts about smoking. The video also touches on tobacco chewing and mouth and throat cancer. The video is presented in a puppet story form using language that Aboriginal can relate to. Suitable for any Aboriginal community targeting smoking and health.

### **K-2 FLASHCARD KIT - DHEU 1998**

This kit consists of 9 cartoon style flashcards that are colourful, fun and easy to use. They are designed to attract and hold the attention of very young children. Simple dental messages such as happy healthy teeth, plaque/decay on a sad tooth, a pea - sized amount of low fluoride toothpaste on a brush, a child in a dental chair, and a smiling mouth are depicted. This kit is linked to the new Curriculum Framework in schools and includes ‘Notes to the Teacher’ and student activity sheets. A ‘Dental Health Guidelines’ sheet is included as well as demonstration items such as toothpaste/brush, gloves, mask, safety glasses and mouth mirror which can be used for ‘role playing’.

### **LITTLE KIDS KIT - Colgate 2002**

This Colgate Bright Smiles Bright Futures program, the ‘Little Kids Kit’ is aimed at children aged 4-6 years of age. This excellent kit contains a Learning Guide which includes ‘Fast Facts’ on the importance of baby teeth, plaque, decay and early childhood caries, toothbrushing – why, when and how to brush, fluoride, fissure sealants, dental safety and dental visits. Also included is an animated video ‘The Adventures of Wiggly Tooth’, a large poster - Dr. Rabbit’s Counting Chart.

### **NATURAL HABITS - Child Dental Health Services, NSW 1996**

Natural Habits kit has an Australian theme. It contains a story book, a 5 minute video, which depicts the same characters as in the book, and a cassette tape. The aim is to promote regular care of teeth as a 'natural habit' so that it becomes part of children's day-to-day routine. The character Kate and her four young Australian animal friends tell how they look after their teeth naturally.

### **0-6 FLASHCARD KIT - DHEU 2002**

This Flashcard Kit provides general information on dental health for children from birth to 6 years of age. Each kit contains 20 colourful, laminated flashcards and a script providing comprehensive background information. This information has been summarised and printed on the back of each flashcard as 'prompts' for the presenter. Also included are demonstration items: children's toothbrushes and toothpaste; a 7 minute video 'Healthy Teeth For Life'; a DHEU Resource Catalogue; and an appraisal sheet to provide feedback for the presenter.

### **PRE-SCHOOL PHOTO CARDS - Child & Adol Health Promotion Unit, Vic 1995**

A set of 6 laminated photographs showing a group of children at a pre-school or day care centre preparing and enjoying tooth-friendly foods and drinks. One photo pictures the children 'role playing' a visit to the dentist.

### **RATTLE CHATTER AND CHEW - Australian Dairy Corporation 1996**

This kit is interactive, informative and fun. It consists of a 45 minute video, teachers handbook and class activities. The information and activities stimulate interest and understanding of how the body functions whilst developing an appreciation that each individual has to take some responsibility for the long term health of their body. The video is presented in an entertaining and fast manner by the characters Professor Uno Ino and his assistant Sosume along with Moodonna the cow who explore the subjects of bones, teeth and food.

### **SMILES AHEAD Centre for Rural & Remote Oral Health/Sthn. Aboriginal Corp Albany WA 2004**

This culturally appropriate kit is adapted from the resource kit 'Solid Smiles' (see below), and contains dental information relevant to babies and infants under 6 years of age. The kit has been designed for use by health professionals, child carers, preschool teachers, Aboriginal Health Workers and Aboriginal Education Officers working in communities and organisations providing services to young children and their families. Under each dental topic there is a fact sheet followed by relevant activity sheets.

### **SOLID SMILES Centre for Rural & Remote Oral Health/Sthn. Aboriginal Corp Albany WA 2004**

'Solid Smiles' is a comprehensive resource kit, developed in a culturally appropriate manner. The kit contains information on various oral health issues relevant to all age groups, from babies to the elderly and everyone in between. The kit is designed for use by health professionals, Aboriginal Health Workers, child carers, school teachers and Aboriginal Education Officers who work in communities that have a large Aboriginal population. Under each dental topic there is an information fact sheet followed by relevant activity sheets designed to suit a variety of ages, abilities, skills and understanding.

## **TIDDALICK'S TOOTHY TALE Awabakal Medical Service & Hunter New England Area Health Service NSW 2003**

Tiddalick's Toothy Tale – the lesson of Swig Swish Swallow – is an oral health promotion package for Pre-school aged children produced with an Indigenous focus using 'Tiddalick' the frog, a nation wide Aboriginal dreaming character. The aim of the programme is to encourage children to drink water instead of sweet drinks, and to 'Swig, Swish and Swallow' water after meals and snacks to help reduce the chance of tooth decay. The kit contains a presenter's resource (with a choice of lessons and activities); video; CD (song); storybook about Tiddalick the frog and Narootah the lizard; laminated poster and an oral health policy pro-forma.

## **MANUALS (M)**

### **HEALTH PROMOTING IDEAS, Strategies & resources to teach people with intellectual disability - Activ Foundation Inc. WA 1995**

The aim of this manual is to help empower people with an intellectual disability to make informed choices about a range of holistic health and safety issues. This information is primarily based on the experience of people who have a disability, their families and carers. Staff working with people with a disability will find the dental health component valuable.

### **MANAGEMENT SENSE, FOOD SENSE – The essential guide to food services in your school - Federation of Canteens in Schools, Australia 1997**

This canteen manual is professionally presented, easy to read and colourful. The aim is to encourage and assist canteen managers to combine healthy food sales with profits. The manual is divided into 10 sections covering an array of topics, and contains 2 interactive floppy discs and proformas. An excellent resource for canteen managers, committees, and dental staff. Access from DHEU or library.

## **SLIDE SERIES (SS)**

### **ADOLESCENT SLIDE SERIES 1999**

Consists of 39 slides with an accompanying script covering topics that are relevant to teenagers. Apart from the general dental health information provided, topics include: where to go for dental care; what the dentist can do for them; what they can do for themselves. Information on smoking, wisdom teeth and oral piercing is also covered. An excellent visual resource for high school presentations which can be promoted to high school teachers for use in their health education programmes.

### **EARLY CHILDHOOD DHE SLIDE SERIES 1996**

This series consists of 40 slides and has an accompanying script. The series provides general information on dental health for children from birth to 6 years. Topics include eruption dates and teething, Early Childhood Caries, thumbsucking and dummies, diet, oral hygiene, first dental visit, and traumatic injury. This is an excellent resource for presentations to larger groups of parents or carers of pre-school children, or more formal presentations, such as year 11 Early Childhood Studies students.

## **GENERAL DHE SLIDE SERIES 1996**

A general purpose slide series consisting of 57 slides and accompanying script. The series covers all aspects of preventive dentistry and reinforces the current oral health messages. A useful resource suitable for most age groups.

## **MOUTHGUARDS & FIRST AID FOLLOWING TOOTH AVULSION 1983**

This series consists of 15 slides and accompanying script. The series describes the desirable qualities of various types of mouthguards and their function in preventing facial injuries. Included with this series are 8 slides covering emergency first aid for avulsed teeth.

# **VIDEOS (V)**

## **ACID ATTACK - Westmead Hospital NSW 1992 12 minutes**

Using young actors in a blind date situation, this video focuses on the social/self esteem aspects of neglected oral health, such as bad breath, job prospects, and so on. Preventive care is emphasised under the topics of regular effective toothbrushing, flossing, the use of fluoride toothpaste, healthy foods and drinks, and visiting the dentist regularly.

## **BASIC PATIENT CARE SERIES - ORAL HYGIENE - Learning Essentials, Victoria circa 1990's 29 minutes**

Primarily targeting nursing professionals, this video stresses the importance of oral hygiene in the hospital setting and discusses options to consider when planning oral care. Emphasizes identifying patients at risk, assessing the mouth and preparing the patient for oral care. Illustrates cleaning procedures, including brushing, flossing, rinsing and swabbing. Also demonstrates the removal, cleaning and safe storage of dentures.

## **BRUSHING - CLEAN, CLEANER, CLEANEST - Oral B circa 1970's 5 minutes**

A simple and straightforward demonstration of Bass toothbrushing technique, with animated segments for a complete explanation. This is on the same cassette as the video, 'Flossing - clean, cleaner, cleanest'. Very dated, however still relevant.

## **CHANNEL 9 NEWS – AVULSED TOOTH (Eagles match) 2004 2 minutes**

A brief excerpt from a news coverage of an AFL match during which an Eagles player had two anterior teeth knocked out. The report briefly shows how the teeth were retrieved and reimplanted successfully. This video is an excellent attention grabber prior to giving a talk on mouthguards and avulsed teeth (e.g. to sporting clubs or middle primary to high school students). Even though the footballer in the video was wearing a mouthguard the injury could have been far worse if he was not wearing one! So this video can be used to emphasise the importance of wearing a mouthguard as well as discussing avulsed teeth.

## **COMMUNITY DENTAL CARE, CEREBRAL PALSY AND YOU - The Cerebral Palsy Assoc 1992 8 minutes**

This video explains Cerebral Palsy, and factors which can assist the provision of dental treatment for a patient with Cerebral Palsy. Topics include wheelchair access, stabilising involuntary body movements, communication, correct lifting procedure, startle reflex, gag reflex, maintaining oral hygiene. Excellent for dental professionals and provides some insight and encouragement in treating people with Cerebral Palsy.

### **COOL CANTEENS - Dept Comm Health Services Tasmania 1997 20 minutes**

Links school canteen education with classroom education on healthy eating. It promotes nutritious, tasty foods suitable for canteens sales and explores practical ways to become involved in canteen changes. Suitable for canteen managers and lower secondary nutrition students. Includes teachers notes and lesson activities.

### **DENTAL CARE FOR THE ELDERLY - Westmead NSW 1993 19 minutes**

With a growing aged population, many of whom are dependent on others for their health care, the need for providing better oral care for the aged is increasingly important. This video gives practical demonstrations for nursing staff on mouth care for dentate clients, and describes care of partial and full dentures. Opinions are given from both nursing staff and elderly people.

### **DENTAL MOUTHGUARDS IN SPORT - Educ Dept WA 1985 8 minutes**

Narrated by sporting personality Ric Charlesworth, this video describes how mouthguards are made, and stresses the importance of wearing mouthguards when playing contact sports. Although gloves are not used by dental staff in this video it is still a suitable resource and the mouthguard message is very good.

### **DR. RABBIT'S WORLD TOUR - Colgate 1998 13 minutes**

Produced as part of the Colgate 'Bright Smiles Bright Future' resource (yellow box). Taking six children from a variety of cultures, Dr. Rabbit sets off in a hot air balloon to teach children all around the world how to care for their teeth. Aimed primarily at 6-9 year olds, the bright animation and catchy music will entertain as it teaches. Other resources which could be used in conjunction with the video are the 'Dr. Rabbit' puppet, 'Dr. Rabbit Flashcard Kit' or the 'Dr. Rabbit's Dental Lesson' display. A Teacher's Guide, which contains lesson plans and hints on how to use the video is available for loan with the video.

### **DUDLEY'S CLASSROOM ADVENTURE - A D.A. circa 1980's 8 minutes**

Dudley, a dinosaur, has a report to research and present to his class on, 'Keeping Teeth Healthy'. Dudley visits the library, school nurse and the local dentist to gather information for his report. A range of oral health messages are highlighted and explained, including mouthguards. The video concludes with Dudley presenting his report as a catchy song. A fun way to reinforce oral health messages to children.

### **EVERYBODY'S GOT A MOUTH - Oral Care Australia 1988 25 minutes**

Focuses on adult and aged people with varying levels of disability. Part one covers oral assessment, dental diseases, oral hygiene materials and equipment, tooth brushing techniques. Part two focuses on the edentulous person. This video emphasises the importance of regular mouth care for dependent people, and consequences of neglect. It is suitable for both professional and lay care givers.

### **EVERY DAY IS THE WAY - Rural Dental Services, NT Health & Comm. Services 1988 10 minutes**

This video is culturally sensitive for Aboriginal people and discusses the importance of maintaining natural teeth. With a focus on periodontal disease, comparisons are shown between healthy and unhealthy teeth and gums. The importance of toothbrushing in the prevention of gum disease is emphasised. Although produced in 1988, the messages and presentation are still relevant and appropriate. On the same cassette as video 'No Sugar No Holes'.

### **FLOSSING - CLEAN, CLEANER, CLEANEST - Oral B circa 1970's 5 minutes**

A simple and straight forward demonstration of how to use dental floss, with animated segments for a complete explanation. This is on the same cassette as video 'Brushing - clean, cleaner, cleanest'. Very dated, however still relevant.

### **FOOD FOR THOUGHT - Dept of School Education NSW 1990 17 minutes**

An excellent teaching resource for canteen personnel, P&C groups and teaching staff as it explains the role of the canteen in reflecting and reinforcing the school's health curriculum. Health promoting and profitable canteens in both primary and high school settings are shown. Nutrition related diseases are identified, and the need for early health education with the canteen supplying nutritious foods is highlighted. Successful ways to introduce healthy canteen changes are identified, and good general information for canteen personnel is provided.

### **FRESH EVERY DAY - Westmead Hospital NSW 1990 7 minutes**

This video demonstrates and highlights the importance of oral health for people with intellectual and physical disabilities. Light, informative and positive in its approach, it targets parents or carers but is suitable for a wider ranging audience such as teachers/ carers in special education units and day care centres catering for children with special needs.

### **FUTURE SPECS - Nganampa Health Council Inc, Nth Territory 1991 10 minutes**

A box flies in to the Aboriginal community 'Fregon', containing a pair of very special spectacles. Children find the box and discover that by looking through the spectacles they learn how to look after their own health. Various health subjects are covered for example: eating good food; toothbrushing; and playing carefully.

### **HEALTHY TEETH FOR LIFE - Queensland Health 2001 8.33 minutes**

This video provides a positive approach to good oral health practices that parents and carers can adopt with children in order to keep their teeth strong and healthy. The negative impacts of Early Childhood Caries, including real life footage of the general anaesthetic environment, are included. A range of practical suggestions are covered including: self care, minimising bacterial transfer from parents to baby, feeding, oral hygiene and first dental visit. Although produced in Queensland, the oral health messages are consistent with those in WA. NB Some viewers may find clinical scenes disturbing.

### **HEALTHY TEETH, HEALTHY GUMS - Health Dept WA 1984 7 minutes**

A good video to commence or conclude discussion with students on the risk of periodontal disease. The main emphasis is placed on the importance of toothbrushing and flossing in the prevention of gum disease. In the rush to have breakfast and get to school, some students neglect their oral care. Although gloves are not worn by dental staff, this is still a very useful resource.

### **HEALTHY SMILES FOR VIETNAMESE CHILDREN - Parks Comm Health Centre SA 1992 15 minutes**

This comes as a resource package containing a Vietnamese language video, (with English subtitles), handouts, and colour-in activity sheets. This resource was produced in South Australia, and adapted by Dental Services WA to include information about obtaining dental treatment in WA. Aimed at parents of young Vietnamese children, it covers Early Childhood Caries, diet, the importance of deciduous teeth, good oral hygiene habits, and the options for dental care services. This is an excellent resource for dental and health

personnel working with people in the Vietnamese community. Note: a document, with the corrected version of the dental services available in WA, is included with this video.

### **HELP NEEDED: DENTAL CARE FOR PEOPLE WITH DISABILITIES - Westmead Hospital NSW 1991 17 minutes**

Contains interviews with dentists, nurses and care givers about their experiences in giving oral care to people with disabilities. Dentists working in the field offer their advice on the best methods of care, and give practical tips for care givers. The particular problems facing people with Downs Syndrome, Spina Bifida, Cerebral Palsy, MS and other disabilities are described. This video concentrates on practical solutions to everyday problems related to mouth care.

### **HOME CARE FOR THE HANDICAPPED - Westmead NSW 1987 13 minutes**

This video illustrates oral problems frequently encountered by people with a disability and suggests appropriate and practical preventive techniques. It stresses that the needs and abilities of the individual patient must always be considered when developing a preventive programme.

### **IT'S A MOUTHFUL - Westmead Hosp NSW circa mid 1980's 17 minutes**

In this video care of complete and partial dentures, as well as the remaining natural dentition, is discussed and demonstrated. Scott is a youth who must wear a partial denture because of a sporting accident while Percy is a senior citizen who has to wear a full denture. Nursing home staff are advised about the responsibility of caring for dentures.

### **JORDAN AND CARLA'S MOORDITJ TUCKER WA Depts Health & Educ. 2003 12 minutes**

Specifically targeting young Aboriginal children, this video is designed to be used by teachers and health workers as part of their educational activities with children, their parents and carers. With advice from the Dietary Guidelines for Children and Adolescents the video uses everyday settings at home and school to show how eating healthy food and being active every day can give children: 'muscle power'; 'brain power'; 'play power'; and 'power in looking good'. This video may be used to introduce the concepts of a 'tooth friendly' diet, 'Food and Water' policy for schools, ('brain food') and the relationship between general health and dental health, e.g. diabetes and cardiovascular disease. Important health messages are given in an enjoyable and entertaining way.

### **ME AND MY BIG MOUTH - Video Educ Australasia Vic 1990 10 minutes**

Lunch at school serves to demonstrate the different aspects of oral health including: structure and function of teeth, functions of the tongue, saliva, muscles of the jaw, and taste sensations. These are covered simply and effectively. It is easy to understand, light and fun for children and contains the correct oral health messages.

### **MERCEDES COLLEGE ROCK EISTEDDFOD - Mercedes College 1997 17 minutes**

A lively performance inspired and produced by the Mercedes College students for the 1997 Rock Eisteddfod, in which they came fourth in the finals. An good motivational video as an introduction or conclusion for dental health lessons, or for dental health promotional displays. The students, through song and dance, tell the truth about decay and the importance of regular oral hygiene. The performance is repeated, filmed close up and from a distance.

**MIND YOUR TEETH - GOOD ADVICE ON DENTAL CARE OF TEETH - produced in Denmark 1992 10 minutes**

This Danish video is translated into Chinese, Danish, English, Farsi, Somalian, Tamil, Urdu and Vietnamese. It is aimed at parents of infants and young children. Topics covered include sugar, especially sugar in milk, the use of plain water in the bottle, toothbrushing babies and young children's teeth, and the first dental visit. NB: When showing this video, point out to the viewer that in WA an appointment card will not be sent as indicated in the video. Instead, parents will need to contact their dentist to arrange their child's first visit.

**NO SUGAR, NO HOLES - Rural Dental Services NT Health & Comm. Services 1988 12 minutes**

This video is culturally appropriate for Indigenous peoples. There are two clear preventive messages - the importance of reducing the amount and frequency of sugar intake, and of brushing the teeth regularly. The main emphasis is on the dietary factors of dental disease. Although produced in 1988, the messages and presentation are still relevant and appropriate. With the title words put to a well known popular song, this is a bright, happy video which will hold the attention of both children and parents. On the same cassette as the video 'Every Day is the Way'.

**PRACTICAL ORAL CARE - A VIDEO FOR RESIDENTIAL CARE STAFF - Alzheimer's Assoc. SA/ADA/Colgate 2002 13 minutes**

Aimed primarily at carers of the dependent aged living in Aged Care Facilities, this video helps carers understand dental health issues and the impact of dementia and other medical conditions on oral health. Carers are shown simple and practical mouth care techniques for residents who exhibit a range of cognitive abilities. Emphasis is placed on the prevention of oral diseases and conditions. Topics include: strategies to assist with communication and problem behaviours, cleaning of natural teeth and/or dentures, preventive use of fluorides, use of antimicrobial chlorhexidine gluconate mouthrinse or gel and alleviation of dry mouth.

**SMILE – Daly River Community, Children's Services, NT 1999 15 minutes**

This video is culturally appropriate for remote and rural Indigenous peoples. The video opens with a lad running to the police station to report strange things. The toothpaste in tubes has been replaced by honey, bush tucker has been stolen and biscuits etc left. Water in baby's bottles is replaced by coke and the dental clinic has been trashed and lollies left behind. The graffiti on the dental clinic walls 'DK Rules' alerts the community that DK and the bad tooth mob are in town. A call is placed to Cairns to the Tooth Brigade for help. They fly in to the Daly River and spy on DK and his mob. They decide this is a job a bit out of their league and call in the black tooth fairy. A confrontation between the Community and the bad guys occurs on the Daly River crossing and DK is defeated in the spiritual way. NB The video depicts the gathering and killing of own food as per the culture.

**THE ADVENTURES of WIGGLY TOOTH - Colgate 11 minutes 2002**

Wiggly is a baby tooth which is about to be replaced by a permanent tooth. Beginning with a music video on toothbrushing, to a friendly dental visit, to meeting real kids who tell what it's like to lose a tooth. Wiggly takes the young viewer through the key steps to looking after their teeth and makes it fun! This video can be borrowed alone or as part of the 'Little Kid's Kit' resource.

### **THE LEGEND of TOOTH KINGDOM - Colgate 14 minutes 2004**

The place is a modern day dental surgery where children are having their dental checkups. Suddenly, they are magically transported to a time and place long ago, where the smiles of Tooth Kingdom are under attack by Sorcerer Plakula and the Plaque Monsters! Throughout this animated adventure, the young heroes learn about toothbrushing, flossing, limiting snacks and the importance of regular dental visits to keep the Kingdom and their smiles healthy and bright.

### **THE INCREDIBLE RIDE - Colgate 1994 12 minutes**

Produced as part of the Colgate 'Bright Smiles Bright Future' resource. The children in the video begin as real live children and then turn into animated characters and meet Dr. Rabbit. He takes them on a journey of discovery during which they learn about oral health. The video contains three catchy songs with dental health messages. Other resources which could be used in conjunction with the video are the 'Dr. Rabbit' puppet, 'Dr. Rabbit Flashcard Kit, or the 'Dr. Rabbit's Dental Lesson' display. A Teacher's Guide, which contains lesson plans and hints on how to use the video is available for loan with the video.

### **THE THREE LITTLE PIGS - School Dental Service Vic 1984 12 minutes**

Based on the well known children's story of the same name, and adapted to dental needs. Bill Bacteria, Pete Plaque with seductive Cream Cakes and friends Doughnut and Chocolate Bar entice the two little pigs Lazy-Crazy and Sloppy-Copy away from their tooth houses with disastrous results. However, Big Bad Bacteria Bill cannot bite into the tooth house of their sister Ever-Clever because it has been kept clean and is in good health.

### **WHAT COLOUR IS YOUR SPORTS DRINK? The importance of water Knowledge Books & Software, Multimedia 2003 20 minutes**

This very informative video uses clinical examples, animation and models to advise on good fluid management and the damage that some sports drinks may cause to the teeth during physical exertion. The topics covered include: about water; sugars and carbohydrate drinks; acid drinks and gels; acid sports drinks and teeth; minerals and caffeine in sports drinks. Ideal for high school students and sporting groups.

### **YOUR SMILE – Oral Care For Children With Cerebral Palsy**

#### **HMS School for Children with Cerebral Palsy, Baltimore USA ....14 minutes 1999**

This video presents essential but often overlooked information that impacts the oral health of children with cerebral palsy. Engaging and lively, this resource makes a perfect presentation for groups of parents and caregivers as well as for dentists, dental therapists and others who oversee the dental health care needs of these children. Topics include: professional oral examinations; effective oral home care; types of food and eating habits which can be harmful to teeth; how oral health impacts the overall health of the person with cerebral palsy. NB: As this is an American production, the fluoride supplement and antibiotic cover messages may vary from the Australian guidelines.

# NOTES



Government of **Western Australia**  
Department of **Health**  
Dental Health Services

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