

Diabetes Management in the Primary Care Setting

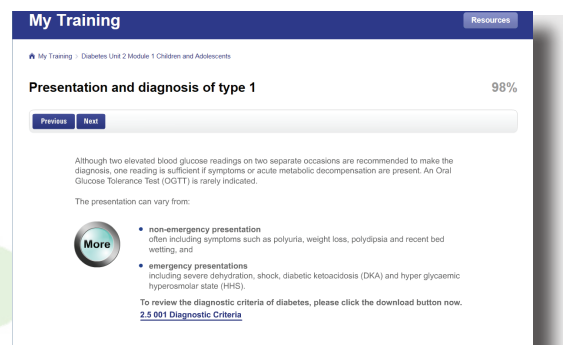
Unit 2 - Supporting People Living with Diabetes

Proudly supported by an educational grant from MSD

Course Details

‘Diabetes Management in the Primary Care Setting’ is an online learning program aimed at nurses providing diabetes care and management in the primary care setting.

‘**Unit 2 - Supporting People Living with Diabetes**’ has been designed to draw on the knowledge identified in ‘**Unit 1 - Introduction to Diabetes.**’ Unit 2 contains more detailed information required to adapt a care plan and management of individual persons requirements.



Learning Objectives

The overall goal of ‘Unit 2 - Supporting People Living with Diabetes’ is to assist nurses in the primary care sector to become active and confident members of the diabetes care team.

Unit 2 will enable nurses to:

- advise persons with diabetes about available support and clinical services,
- assist health and allied health peers with information on appropriate diabetes networks, supports and services,
- identify basic problems with diabetes care and manage appropriate referral pathways; and
- support persons with diabetes’ rights to make informed decisions about their management and care.

APNA Online Learning

Unit 2 Content

Module 1 - Children and Adolescents

Module one aims to provide nurses with an understanding of the special needs of children and adolescents living with diabetes and their families and carers.

Module 2 - Pregnancy and Diabetes

Module two aims to increase the skills and knowledge of nurses of the recommended pregnancy and post partum care and management women with pre-existing diabetes and gestational diabetes.

Module 3 - Diabetes in Older Australians

Module three aims to provide nurses with an overview of the special needs that must be taken into consideration when planning care and determining management goals for older Australians with diabetes.

Module 4 - Indigenous Australians

Module four aims to provide nurses with an understanding of the special needs and specific circumstances that should be considered when planning and delivering in diabetes care to Indigenous Australians.

Module 5 - Diabetes in Culturally and Linguistically Diverse Groups

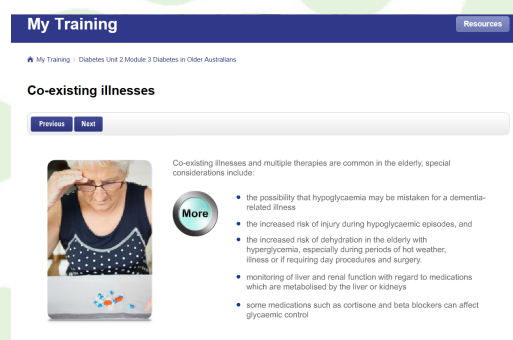
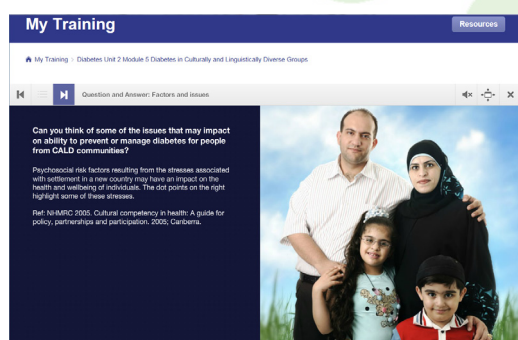
Module five aims to increase the awareness among nurses of the special needs of culturally and linguistically diverse groups within the community in relation to their diabetes and its management.

Module 6 - Support Services and Self Management

Module six aims to provide an overview of the services available to people with diabetes and their families and carers and an understanding of the importance of providing self-management support.

Module 7 - Psycho-social Management and Depression

Module seven aims to provide an overview of the issues relating to psycho social management and depression for people with diabetes, their families and carers and an understanding of the importance of assessment and providing support in this area.



APNA Online Learning

Unit 2

Estimated Duration

Each Module should take between 1 and 1.5 hours to complete. Participants are also required to complete an online post-learning questionnaire and a brief offline assessment task in order to complete the program. Total duration for all modules and assessment is approximately 10 hours.

Target Audience

This course has been designed for primary health care nurses who have identified a need to update or increase their diabetes and diabetes management knowledge.

Cost

\$250 incl GST / \$195 for APNA members

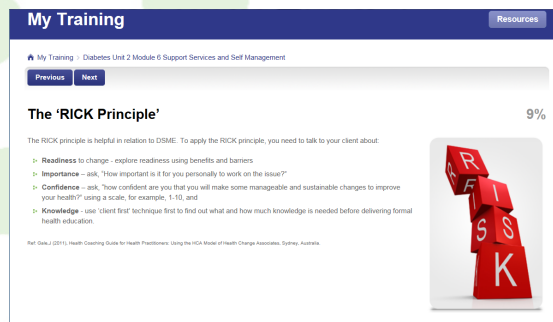
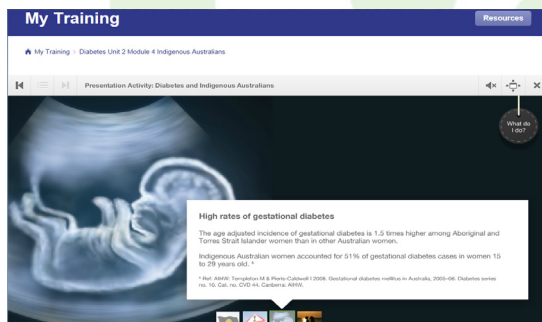
CPD Hours

Total for all 7 Modules and assessment tasks is approximately 10 CPD hours.

Nb: APNA provides a guide for the number of CPD hours an educational activity should take. Nurses should keep a record of the actual time taken to complete professional development activities.



This activity has been endorsed by the Australian Practice Nurses Association, according to approved criteria.



Diabetes Management in the Primary Care Setting was developed by APNA and the Australian Diabetes Educators Association (ADEA). The content has been reviewed by APNA to ensure it is grounded in the practice context experienced by nurses in the primary care sector. This project was funded by an educational grant from Merck Sharp and Dohme (MSD) to support improved health outcomes for people with diabetes.

