

## An Introduction to Eyes

*Proudly supported by Vision Initiative*

### Course Details

This program aims to provide practice nurses with an understanding of the anatomy and function of the eye, the five main eye conditions and an introduction to eye health and vision care.

Practice nurses will use the knowledge gained through this education session to provide a duty of care to all clients as needed in relation to eye care.

At the completion of the course, you will be presented with a brief online assessment that will test your underpinning knowledge.

This course has been developed by Vision 2020 Australia in conjunction with APNA.



### Learning Objectives

By the completion of the course participants will be able to:

- The anatomy and physiology of the eye;
- The five common eye conditions in Australia;
- What you can do to help your client;
- Eye health and ongoing vision care.

### CPD Hours

Nurses: 1 CPD Hour



This activity has been endorsed by the Australian Practice Nurses Association, according to approved criteria.  
**Total 1 CPD Hour**

## Course Content

### Section 1: The Anatomy of the Eye

This section will provide you with an understanding of the anatomy and physiology of the eye.

### Section 2: The Five Common Eye Conditions

This section will introduce you to the five common eye conditions including the symptoms for each, who are at risk and where to find more information.

### Section 3: An Introduction to Eye Health and Vision Care

This section will provide you with an understanding of what you can do to help your client. It explores various types of eye tests available, the who's who in the eye care sector and what are low vision services.

### Conclusion and Assessment

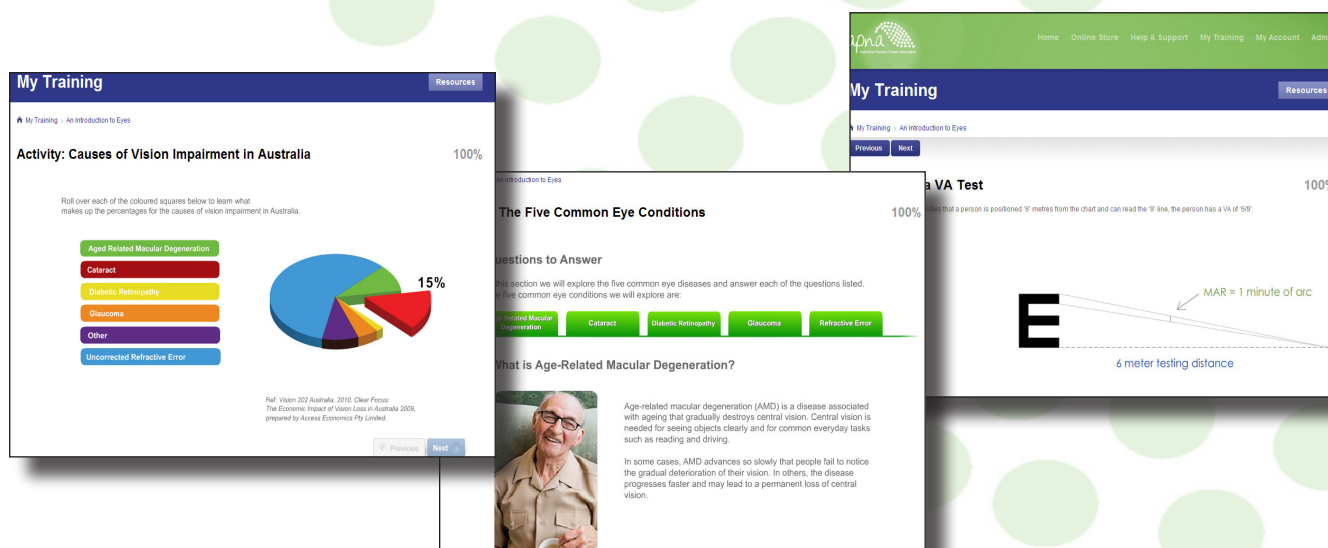
These sections provide you with an understanding of eye health and ongoing vision care. At the completion of the course you will be presented with a brief assessment that will test your underpinning knowledge.

### Estimated Duration

1 hour (nominal)

### Target Audience

This course has been designed to provide relevant information to nurses working in the General Practice setting.



**My Training** - An Introduction to Eyes

Activity: Causes of Vision Impairment in Australia 100%

Roll over each of the coloured squares below to learn what makes up the percentages for the causes of vision impairment in Australia.

- Age-Related Macular Degeneration
- Cataract
- Diabetic Retinopathy
- Glaucoma
- Other
- Uncorrected Refractive Error

15%

Ref: Vision 202 Australia, 2010. Clear Focus: The Economic Impact of Vision Loss in Australia 2009, prepared by Access Economics Pty Limited.

**My Training** - An Introduction to Eyes

My Training - An Introduction to Eyes 100%

Questions to Answer

This section will explore the five common eye diseases and answer each of the questions listed. The five common eye conditions we will explore are:

- Age-Related Macular Degeneration
- Cataract
- Diabetic Retinopathy
- Glaucoma
- Refractive Error

What is Age-Related Macular Degeneration?

Age-related macular degeneration (AMD) is a disease associated with ageing that gradually destroys central vision. Central vision is needed for seeing objects clearly and for common everyday tasks such as reading and driving.

In some cases, AMD advances so slowly that people fail to notice the gradual deterioration of their vision. In others, the disease progresses faster and may lead to a permanent loss of central vision.

**My Training** - An Introduction to Eyes

Visual Acuity Test 100%

When a person is positioned '6' metres from the chart and can read the '6' line, the person has a VA of '6'.

MAR = 1 minute of arc

6 meter testing distance