



**Certificate IV
in
Aboriginal and/or
Torres Strait Islander
Primary Health
(Community Care)
Social & Emotional Well Being
or
Alcohol and Other Drugs
HLT44007**

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**NATIONALLY RECOGNISED
TRAINING**

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ABOUT THE COURSES

Certificate IV in Aboriginal and/or Torres Strait Islander Primary Health (Community Care) (HLT44007) is offered by the SA Regional Centre at Nunkuwarrin Yunti of South Australia Inc., a Registered Training Organisation (RTO) in Adelaide.

There are two specialty areas that you can choose to study in:

- **Social and Emotional Well Being (SEWB)**
- **Alcohol and Other Drugs (AOD)**

What is the purpose of the course?

The course offers ATSI Health Workers and Community Care Workers a qualification to provide a range of primary health care services to Aboriginal and/or Torres Strait Islander clients and communities.

After completing the Cert IV in Aboriginal and/or Torres Strait Islander Primary Health (Community Care) participants will have developed a breadth, depth and complexity of knowledge and competencies that cover a broad range of varied activities in their chosen field, such as:

- assessment,
- case planning and case management for clients with complex needs,

in a variety of contexts that are usually complex and non-routine in relation to:

- SEWB
- AOD

Also after completing this qualification participants will be able to:

- Demonstrate leadership and guidance for others,
as well as
- Contribute to technical solutions of a non-routine or contingency nature.

Upon completion of this qualification, graduates will have developed a range of employability skills suitable for a range of Community Care job roles. For example:

- Aboriginal and/or Torres Strait Islander health worker – Community health
- Senior Aboriginal and/or Torres Strait Islander health worker
- Community health worker (Aboriginal and/or Torres Strait Islander health)
- Stolen Generations worker
- Aboriginal hospital liaison officer
- Aboriginal health education officer
- Youth Worker
- Residential Care worker
- AOD Worker

Specifically, the course will give participants:

- The confidence and the ability to work in various roles with individuals, groups and communities in their chosen area.
- The knowledge and skills to provide a service that is sensitive to the needs of people.
- The ability to coordinate Community Care health care delivery and to effectively refer clients.
- A clearer awareness of themselves as health professionals, and the skills required in responding to the expectations of communities in which they work.
- An accredited Certificate IV qualification that is recognised nationally

Course Structure

This Cert IV is made up of 14 units of competency - 9 core units and 5 specialist units from a chosen specialist area of study. These units are listed here:

The core units are:

- HLTAHW408A - Address Social Determinants of Aboriginal and Torres Strait Islander Health,
- HLTAHW409A - Deliver Health Promotion Programs for ATSI Communities,
- CHCNH1B – Orientation to Mental Health
- CHCAOD2C - Orientation to Alcohol and Other Drugs Sector
- CHCCS301A - Work Within a Legal and Ethical Framework,
- HLTAHW402A – Assess and Support Client’s Social and Emotional Wellbeing
- HLTAHW303A – Advocate for the Rights and Needs of Community Members
- CHCCM2C – Establish and Monitor a Case Plan
- BSBCMN205A - Use Business Technology,

Specialist Units:

After completion of the core units you will continue into your chosen specialist area of interest.

SEWB

- HLTAHW410A - Work in AOD and Mental with Aboriginal and/or Torres Strait Islander Communities
- CHCCM404A - Undertake Case Management for Clients with Complex Needs
- CHCCS501A - Assess and Respond to Individuals at Risk of Self Harm or Suicide
- CHCDFV1B - Recognise and Respond to Domestic and Family Violence
- CHCCOM3C - Utilise Specialist Communication Skills to Build Strong Relationships

OR

AOD

- CHCAOD402A – Work Effectively in the Alcohol and Other Drugs Sector
- CHCAOD406D – Work with Clients who are Intoxicated
- CHCAOD408A – Assess the Needs of Client’s who have Alcohol and/ or Other Drugs Issues
- CHCAOD409C – Provide Alcohol and Other Drugs Withdrawal Services
- CHCAOD411A - Provide Interventions to People with Alcohol and Other Drug Issues.

Recognition

Applicants are given the opportunity to apply for Recognition of Prior Learning (RPL). RPL is the formal acknowledgement of a person's current skills and knowledge, no matter how, when or where the learning occurred. If your skills match those required in a particular job role or industry and can be verified, you may choose to apply for your skills to be formally recognised.

Students will be given more information on the process for applying for RPL during the first study block

Qualification Pathways

The Certificate IV in Aboriginal and/or Torres Strait Islander Primary Health (Community Care) will enable some of the following qualification pathways:

Diploma level and higher qualifications in:

- Narrative Approaches
- ATSI Primary Health Care
- Individual client support qualifications (Aged Care, Community Care and Disability, Mental Health, AOD)
- Community Services and Community Development
- Social Housing, Advocacy and Pastoral Care
- Children's and Youth Services

Duration

This course commences mid year (July)

The course will run over one year with training occurring in a combination of 1 and 2 week study blocks for a total of 8 weeks (4 x 1 week blocks & 2 x 2 week blocks)

Attendance at all teaching sessions during the blocks is necessary to progress through the course. Class work missed through absences may result in having to wait a full 12 months to rejoin the course.

Students will also be required to complete some assessment tasks outside of face to face study blocks

Entry Criteria

This qualification is proposed for workers who currently hold a Certificate III in the area of Aboriginal Primary Health Care or equivalent and who have some basic skills and knowledge in assessment and treatment of SEWB & health problems for Aboriginal and/or Torres Strait Islander clients and communities.

This qualification is available to Aboriginal and Torres Strait Islander people who meet the following criteria:

1. Current employment in an appropriate SEWB job role. Each student will need to identify a supervisor/manager who is willing to take on the role of workplace supervisor.
2. Have literacy skills equivalent to Year 10 level and can demonstrate written skills that to enable you to write a report.

Due to limited number of positions available, an offer of a place in the course will be based on information taken from a range of sources including the applicant's work and study experience.

Pre-requisite Requirements

Workers seeking enrolment in or credit for this qualification must be able to demonstrate competence in the following units of competency from Certificate III:

HLTAHW301A	Work in Aboriginal and/or Torres Strait Islander Primary Health care context
HLTFA301B	Apply first aid
HLTOHS300A	Contribute to OHS processes
HLTAHW302A	Facilitate communication between clients and service providers
HLTAHW304A	Undertake basic health assessments
HLTAHW305A	Plan and implement basic health care
HLTAHW306A	Provide information about social and emotional support

How much will it cost?

The agency for which you work will need to sponsor your involvement for the duration of the course and will need to agree to this in the relevant section of your application. Aboriginal or Torres Strait Islander's may be entitled to Incidentals and Away From Base allowances through Abstudy for the duration of the course.

SUPPORT

Support for students is available via telephone, fax and email through the Vocational Trainer and assessor and other SA Regional Centre staff.

- ✦ Academic
- ✦ Personal
- ✦ Individual
- ✦ Financial (Abstudy)

BLOCKS OF STUDY

Participants are required to attend study blocks at Nunkuwarnin Yunti, Adelaide. The study blocks provide an opportunity for face-to-face discussions, lectures and group work in a context for both students and facilitators to share knowledge and experiences, and to practice skills through experiential learning.

As well as the face to face contact hours, you will also need to allocate approximately an equal amount of study time between these study blocks to complete assessment tasks.

It is understood that trust, respect and collaborative partnerships will underpin the learning environment. Only then can students feel encouraged to speak freely and share new ideas and past experiences.

ASSESSMENTS

In between the blocks of study, participants will be required to complete assessments in their own locations. Assessment tasks may be in the form of short answer questions, role plays, multiple choice answers, short essays, projects, and verbal presentations. Students will be required to complete some Workplace Assessment Tasks that integrate knowledge and skills learnt in the course with their job role. Each student will need to identify a supervisor/manager who can provide feedback to the education team about the relevance of the competencies being assessed to the job role. The Education Team will provide information to the nominated workplace supervisors.

COURSE DETAILS

There are fourteen (14) units in the Certificate IV in Aboriginal and/or Torres Strait Islander Primary Health Social and Emotional Well Being (Community Care). The nine (9) core units and five (5) elective units have been taken from the HLTO7 Health Training Package.

Description of the core units

HLTAHW408A Address social determinants of Aboriginal &/or Torres Strait Islander health

Deals with the skills and knowledge required to promote and apply strategies to address social determinants that underpin and contribute to ATSI health issues in the context of delivering primary health care services.

HLTAHW303A Advocate for the rights and needs of community members

Describes the competencies required to promote the self-determination, rights and needs of members of the community.

BSBCMN205A Use business technology

Covers the skills and knowledge required to select, use, and maintain business technology. This technology includes the effective use of computer software to organise information and data.

HLTAHW402A Assess and support client's social and emotional well-being

Deals with the skills and knowledge required to assess clients in relation to their social and emotional well-being and provide appropriate support and referral as a member of a multi-disciplinary team working with ATSI communities.

CHCCM2C Establish and monitor a case plan

Developing a case management plan to address specific client needs.

HLTAHW409A Deliver health promotion programs for Aboriginal and/or Torres Strait Islander communities

Describes the competencies required to deliver health promotion programs to address identified needs in ATSI communities.

CHCCS301A Work within a legal and ethical framework

Describes the knowledge and skills required by the workers to work within a legal and ethical framework that supports duty of care requirements.

CHCAOD2C Orientation to the alcohol and other drugs sector

Applies to all workers who may be working primarily with clients with AOD issues and provides a basic introduction to values, services and approaches applied to work in this sector.

CHCMH1B Orientation to mental health

Aims to describe the context within which mental health work occurs.

Description of the specialist units

Social and Emotional Well Being

HLTAHW410A - Work in AOD and mental with Aboriginal and/or Torres Strait Islander communities

Describes the skills and knowledge required as preparation for working with Aboriginal or Torres Strait Islander communities to provide health education and support relating to AOD and mental health. It addresses the rights and responsibilities of the position, the system in which this work is undertaken and the professional boundaries and cultural issues relating to this type of work.

CHCCM404A - Undertake case management for clients with complex needs

Describes the knowledge and skills required to provide case management to clients who have already been assessed and whose needs have been identified as extending across a number of areas, such as aged care, community care, disability, mental health, drugs, alcohol or homelessness.

CHCCS501A - Assess and respond to individuals at risk of self harm or suicide

Aims to provide community services workers with appropriate skills and knowledge to assess and respond to individuals who are at risk of self-harming or suicidal behaviour.

CHCDFV1B - Recognise and respond to domestic and family violence

Describes the knowledge and skills required to identify and respond to domestic violence during professional contact with clients. It requires a knowledge and understanding of domestic and family violence and an awareness of its effects together with an ability to promote confidence whilst responding appropriately, including providing relevant and timely information and referral.

CHCCOM3C - Utilise specialist communication skills to build strong relationships

Relates to the application of specialist workplace communication techniques to build and maintain strong relationships with colleagues and clients, based on respect and trust.

OR

Alcohol and Other Drugs

CHCAOD402A – Work effectively in the alcohol and other drugs sector

Describes the knowledge and skills required by all workers who may be working primarily with clients with alcohol and other drugs (AOD) issues and provides a basic introduction to values, services and approaches applied to work in this sector.

CHCAOD406D – Work with clients who are intoxicated

Describes the knowledge and skills required to work with alcohol and/or other drug affected clients in a range of settings including night patrols, detoxification/ withdrawal units and sobering up shelters.

CHCAOD408A – Assess the needs of client's who have alcohol and/ or other drugs issues

Describes the knowledge and skills required to assess client needs in the context of identifying options for delivery of community services to support their needs, including applying standard processes and procedures to providing a comprehensive assessment of clients' AOD and other needs, developing case plans based on the assessment, and referring clients to other services as required.

CHCAOD409C – Provide alcohol and other drugs withdrawal services

Describes the knowledge and skills required to provide support and assistance to people going through the process of withdrawing from alcohol, tobacco or other drugs, including combinations of these.

CHCAOD411A - Provide interventions to people with alcohol and other drug issues.

Describes the knowledge and skills required to provide a range of intervention strategies to address AOD issues within the scope of an individual's treatment plan.