



**Nunkuwarrin Yunti of
South Australia Inc**

**Mental Health for Workers in
the Aboriginal and Torres Strait
Islander Communities**

**A training program for Aboriginal and Torres Strait Islander
Mental Health and Social and Emotional Well Being Workers to
enhance their skills in recognising and responding to Mental
Health and Alcohol & Other Drugs issues within their
community.**

HLTAHW301A – Work in ATSI primary health care context

HLTAHW306A – Provide information about social and emotional support

HLTAHW402A – Assess and support client's social and emotional well-being.



**NATIONALLY RECOGNISED
TRAINING**

**182 – 190 Wakefield Street
PO Box 7202 Hutt Street
Adelaide SA 5000
Phone: (08) 8223 5217
Email pduadmin@nunku.org.au**

ABOUT THE PROGRAM

The purpose of the program

This introductory program into social & emotional well being (SEWB) aims to enhance worker's skills and knowledge in primary health care to enable them to help the members of the community improve their social and emotional wellbeing.

The program will help participants to recognise, stabilise and refer clients with issues of:

- grief and loss
- self-harm or suicide
- related alcohol and other drug concerns.

In the program you will cover important issues, including:

- how the history and experiences of Aboriginal and/or Torres Strait Islander peoples has affected their health and their social and emotional wellbeing
- ways to talk with clients to find out their worries, so you can give them support and information about services that can help them
- how to look for the signs that someone is not coping well with their life, and when they might need extra help from others in the community or from other services
- how to support clients to make sure they get the help they need from other services, especially with problems of grief and loss, alcohol or other drugs, self-harming and suicide
- how to take care of your own social and emotional wellbeing as a worker.

Participants will gain 3 units of competency from the new Aboriginal and Torres Strait Islander Primary Health Care - Community Care training package. These units are:

From Certificate III:

- HLTAHW301A – Work in ATSI primary health care context
- HLTAHW306A – Provide information about social and emotional support

From Certificate IV:

- HLTAHW402A – Assess and support client's social and emotional well-being.

Cost

There is no cost to do this course. The agency for which participants work will need to sponsor their involvement in the program by granting them study leave for 6 days as well as time to complete assessment tasks outside of the study block.

Entry Requirements

- Aboriginal or Torres Strait Islander staff.
- Current employment in an appropriate job role
- Able to complete required workplace documents and personal workplace notes

Program Structure & Duration

Participants will be required to attend all 6 study days and complete all assessment tasks in order to obtain a Statement of Attainment for the 3 units of competency. Study days provide opportunities for face-to-face discussions, lectures and group work in a context for both students and facilitators to share knowledge and experiences and to practice skills through experiential and problem based learning.

It is understood that trust, respect and collaborative partnerships will underpin the learning environment. Only then can students feel encouraged to speak freely and share new ideas and past experiences.

Workshops are conducted over 6 days – usually 2 x 3 day blocks or 2 x 3 day blocks. However, this can be negotiated with individual organisations if there are a number of staff members wanting to do the program.

Some assessments will take place during the study blocks. These may be in the form of:

- class discussions,
- roleplays,
- presentations etc.

Participants will also be required to complete some assessments in their workplace outside of study block time. These will combine knowledge and skills learnt in the program with their job roles and may take the form of:

- written short answer questions,
- workplace client assessments and referrals.

Students who successfully complete all assessment tasks will receive a Statement of Attainment for the three units of competency.

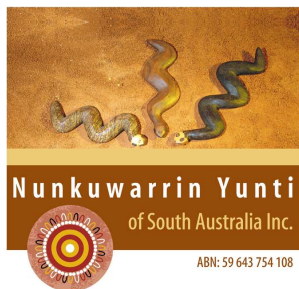
Academic Support

Support for students will be available via telephone, fax and email through the facilitator

ENROLMENT FORM

Mental Health for Workers in the Aboriginal and Torres Strait Islander Communities

HLTAHW301A – Work in ATSI primary health care context
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All applicants need to complete the following information. The information gathered is for the purpose of assisting with the administration of the program. It is important that **all** details be completed in full. Incomplete applications will not be accepted.

All applications received will be acknowledged (to the applicant) in writing within five working days of us receiving the application.

If you have any queries or need help filling out the application form, please contact **Nicole Bycroft** on **(08) 8223 5217** or email pduadmin@nunku.org.au.

Please send your completed application form to:

**POST: Mental Health for Workers in the Aboriginal and Torres Strait Islander Communities
People Development Unit
Nunkuarrin Yunti of South Australia Inc
PO Box 7202, Hutt Street
ADELAIDE SA 5000**
FAX to: (08) 8227 0239
EMAIL: pduadmin@nunku.org.au

LOCATION OF WORKSHOP YOU WISH TO ENROL IN: _____

DATE OF WORKSHOP: _____

Section 1 – Personal Details

Name _____
Title _____ Last Name _____ First Name _____ Preferred Name _____
(Mr/Mrs/Ms/ Miss/Other)

Address _____
Suburb/City _____ State _____ Postcode _____

Date of Birth: ____ / ____ / ____ **Gender:** Male / Female (Please circle) **Are you Aboriginal or Torres Strait Islander?** Yes / No

Telephone: (____) _____ **Home** (____) _____ **Work**
_____ **Mobile** (____) _____ **Fax**

Email: _____

Section 2 – Employment

It is essential that people undertaking this program have continued access to a suitable workplace. Enrolment in this program is understood to be a workplace sponsored arrangement.

Please provide the following employment details:

Organisation Name _____

Your Position _____ **Date started** _____

Employment Status Full Time Part Time

Employer's Support Declaration

I have read the program information and I understand the commitment required by the applicant to complete this program. The employing organisation agrees to support the applicant to undertake this program and will allow them to attend at all study days as well as allow study time to complete assessment tasks in the workplace.

Name _____

Position: _____

Signature _____ **Date** _____

Section 3 – Education

Please attach extra sheets if you require more space to answer these questions.

SECONDARY EDUCATION

Name of School Last Attended _____

Level of Education completed: _____ **Year Completed:** _____

OTHER STUDY

Name of Course _____

Name of Institution _____

Year started: _____ **Last year enrolled:** _____

Outcome: _____ Completed - **(C)** or Partial completion – **(PC)**

CURRENT STUDY

Are you currently undertaking **any** studies?

Name of Course _____

Name of Institution _____

Year started: _____ **Expected Finish Date:** _____

Study Load Full Time Part Time (Please Circle)

Section 4 – Special Circumstances

Please circle your responses to the following:

- Are you prepared to access literacy support if required? **Yes / No**
- Are there any issues that may affect your ability to study that we should know about? **Yes / No**
If Yes, please provide relevant details:

Section 5 – Student Declaration

I declare that the information supplied in this application is complete, true and correct

Signature: _____ **Date:** ____ / ____ /20____