

National Dementia Congress

22nd - 23rd February 2010, Hilton on the Park, Melbourne

Featuring Key Contributions From:

- Glenn Rees, Alzheimer's Australia
- Representative, Aged Care Branch - Department of Health Victoria
- Graham Kraak, Queensland Health
- David Caudrey, Office for the Ageing – Department of Families & Communities South Australia
- Wendy Quinn, Aged Care & Rehabilitation, Department of Health & Human Services Tasmania
- John Price, Alzheimer's Victoria
- Jane Verity, Dementia Care Australia
- David Ames, National Ageing Research Institute
- Professor Stephen Gibson, Australian Pain Society & National Ageing Research Institute
- Nicola Lautenschlager, University of Melbourne & St. Vincent's Aged Mental Health Service
- Dr Rachel Kingsbury, Dementia Behaviour Management Advisory Service (DBMAS) Vic
- Keith Hill, LaTrobe University
- Professor Bev O'Connell RN, Deakin University
- Virginia Moore, Brightwater Group
- Margaret Winbolt RN, Australian Centre for Evidence-Based Aged Care (ACEBAC)
- Dr Eneida Mioshi, FRONTIER Frontotemporal Dementia Research Group/Prince of Wales Medical Research Institute (POWMRI)

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National Dementia Congress

Conference Day One: Monday 22nd February 2010

8.30 **Registration and Coffee**

9.00 **Opening Remarks from the Chair**

Policy and Funding

9.10 **Keeping Dementia Front of Mind: Overview of Key Report Findings**

- Incidence and prevalence
 - Direct and indirect economic impacts of the rise in prevalence of dementia
 - Dementia challenges in rural areas, and within CALD and Indigenous communities
 - Prevention, research and early intervention
- Glenn Rees, *CEO, Alzheimer's Australia*

9.50 **Improving Access to Services and Support for Aboriginal and Torres Strait Islander People with Dementia**

- Background and prevalence
 - Consultation activities at state level in Victoria
 - Through providing workforce training opportunities
 - Other national initiatives
- John Price, *Education Officer, Alzheimer's Australia Victoria*

10.30 **Morning Tea**

State Government Dementia Care Initiatives

11.00 **Dementia Initiatives in Victoria**

- Tai chi for people with dementia
- Guide to dementia friendly environments in residential and respite care
- Cognitive Dementia and Memory Service (CDAMS)
- Café-style support services
- Dementia friendly hospitals

Representative, Aged Care Branch, Department of Health

11.40 **Meeting the Healthcare Needs of People Living with Dementia in Queensland**

- Improving access to specialist services for people living in rural and remote locations
- Understanding the needs and improving assessment services for people from an Aboriginal and Torres Strait Islander background
- Supporting carers
- Improving the interface between government and non-government care services

Graham Kraak, *Director – Office for Older People's Health, Queensland Health*

12.20 **Lunch**

1.20 **South Australia - Dementia: Facing the Challenges Together**

- South Australia's commitment
- Incidence and prevalence
- South Australia's plan for action
- Key priority areas
- Staying in front through research and innovation

David Caudrey, *Executive Director - Office for the Ageing, Department of Families & Communities*

2.00 **Building Partnerships, Establishing Linkages, Developing Futures in Tasmania**

- Exploring the recent partnership work in Tasmania involving the state government, the University of Tasmania, the Menzies Wicking Dementia Research Unit and the Australian government
 - A focus on the emergence of translational research initiatives
 - Dementia care objectives in Tasmania going forward
- Wendy Quinn, *Director – Aged Care & Rehabilitation, Department of Health & Human Services*

2.40 **Afternoon Tea**

Issues to Address in Quality Dementia Care

3.10 **Responding to Behavioural and Psychological Symptoms of Dementia (BPSDs)**

- BPSDs as communication
- A person-centred approach to behaviour assessment
- Developing individualised intervention strategies
- Interventions

Margaret Winbolt RN, *Research Fellow, Australian Centre for Evidence Based Aged Care*

3.50 **The Practical Impact of Younger Onset Dementia (YOD)**

- Diagnosing variants of frontotemporal dementia
 - The functional impact of younger onset dementia (YOD), especially frontotemporal dementia (FTD)
 - Disease progression: Issues to consider when planning for the future
 - Carer burden and stress: Specific issues in YOD
 - How to effectively coordinate YOD carer support groups
- Eneida Mioshi, *PhD, Research Occupational Therapist, Frontier - Frontotemporal Dementia Research Group & Prince of Wales Medical Research Institute (POWMRI)*

4.30 **Closing Remarks from the Chair**

Sponsorship and Exhibition Opportunities

The National Dementia Congress will allow a variety of the nation's key decision-makers on dementia policy and funding to gather in a friendly and informal setting.

If you are interesting in joining this high quality conference as an official event sponsor please contact Megan Rogulski, Ph: +61 2 9080 4030 or email: mrogulski@iir.com.au for more information.

IIR Australia would like to thank and acknowledge all those who have contributed to the development of this program. We appreciate your time and input.

Conference Day Two: Tuesday 23rd February 2010

8.30 **Morning Coffee**

9.00 **Opening Remarks from the Chair**

Improving Outcomes: Real-World Care Research and Initiatives

9.10 **Early Detection of Dementia via the AIBL Study**

David Ames, *Executive Director*, National Ageing Research Institute

9.50 **Spark of Life Approach – Changing the Lives of People with Dementia and their Carers**

The *Spark of Life* is an international award winning approach to dementia care that:

- Awakens dormant abilities
- Restores communication
- Dissolves challenging behaviours
- Lifts the spirits of everyone in an organisation

In this presentation participants will discover:

- The key to the success of the *Spark of Life* approach
- A program to enrich the culture of an entire organisation
- A unique program designed to keep staff members inspired
- The Club Program - enabling people with dementia to reconnect with the world
- How the *Spark of Life* approach can reduce direct and indirect costs
- Results and research findings supporting this innovative and groundbreaking approach

Jane Verity, *Founder & President*, Dementia Care Australia

10.30 **Morning Tea**

Issues to Address in Quality Dementia Care

11.00 **Assessment and Management of Pain**

- Under-treatment of pain
- Altered pain perception in persons with dementia?
- Options for pain assessment, including those with severe dementia
- Effective pain management strategies

Professor Stephen Gibson, *President*, Australian Pain Society & *Deputy Director*, National Ageing Research Institute (NARI)

11.40 **Changed Sexual Behaviour: Sexuality – ‘The Elephant in the Room’**

- The challenges presented to health professionals, carers, staff and family in relation to the concept of sexuality and issue of sexual behaviour in people with dementia
- Does the nature of the issues associated with this topic make our responses/strategies somewhat “clouded and judgmental” or are we well placed to respond in a prudent and professional manner
- Delegates should be prepared for some honest self-appraisal as part of this presentation

Dr Rachell Kingsbury, *Manager*, Dementia Behaviour Management Advisory Service (DBMAS) Vic

12.20 **Lunch**

1.20 **The Importance of Physical Activity and Exercise**

- Physical activity contributes to successful ageing
- Why should physical activity help the brain?
- Physical activity for older adults with memory concerns
- Physical activity for older adults with dementia

Nicola Lautenschlager, *Professor of Psychiatry of Old Age, Department of Psychiatry, University of Melbourne & Director, St. Vincent's Aged Mental Health Service*

2.00 **Falls Prevention for People with Dementia - Is there Anything We Can Do?**

- Single and multifactorial interventions can reduce falls in older people without cognitive impairment living at home
- There are no successful falls prevention randomised trials of older people with cognitive impairment living at home
- Strategies from non-randomised trials, and from other settings may help reduce falls in older people with cognitive impairment

Keith Hill, *Professor of Allied Health*, LaTrobe University

2.40 **Afternoon Tea**

3.10 **Wellbeing Through the Lived Environment**

- Residential services - what is the primary purpose?
- The nature of homelike
- Challenges and solutions
- Finding a balance

Virginia Moore, *Manager Customer Wellbeing*, Brightwater Group

3.50 **Promoting Evidence-Based Continence Care in Residential Aged Care Settings**

- Gaps in the management of continence care
- Development of a suite of evidence based tools
- Description of the continence tools
- How do these continence tools address the gaps in practice and resident care?

Professor Bev O'Connell RN, *Inaugural Chair in Nursing*, Southern Health - Deakin University & *Associate Dean (Research)*, Faculty of Health, Medicine, Nursing & Behavioural Sciences

4.30 **Closing Remarks from the Chair**

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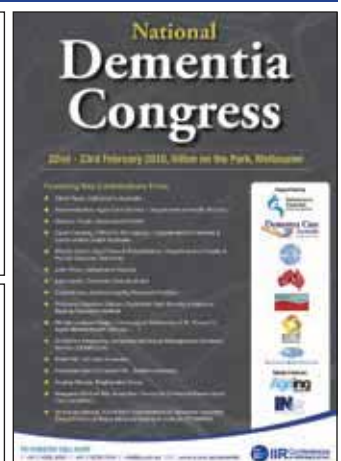
National Dementia Congress

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