

Dr. Tracy Westerman PRESENTS*

"Mental Health Assessment of Aboriginal Clients"

*This workshop has EVIDENCE of IMPROVING Aboriginal Mental Health Cultural Competencies of participants**

Perth - 27 & 28 May 2013
Darwin - 24 & 25 June 2013

AND introducing a day and a half workshop on

"Suicide Prevention in Aboriginal Communities"

Perth - 30 & 31 May 2013
Darwin - 27 & 28 June 2013



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Dr Tracy Westerman is of the Nyamal people near Port Hedland, WA and holds a Post Graduate Diploma in Psychology, a Master's Degree in Clinical Psychology and Doctor of Philosophy (Clinical Psychology). She is a recognised leader in the Aboriginal mental health and suicide prevention fields achieving national and international recognition. Dr Westerman is a widely sought after keynote speaker having delivered at 33 national conferences and internationally in Canada (2003); the USA (2004), Auckland (2006 & 2007) and Wellington (2009). In 2005 the Canadian government sent a delegation to Australia to explore Dr Westerman's innovative approaches to Aboriginal suicide prevention and mental health resulting in recommendations that the same approach be adopted for Canadian Aboriginal people (Nunuvut Taskforce, 2006). She was then recognised by Canadian Health, 2009 for her substantial contribution to the field of Aboriginal youth mental health & been cited in numerous reports recognizing her work in Aboriginal mental health. She has developed unique mental health related psychological tests, assessment models and training packages and delivers her training programs to an average 1,000 participants across Australia annually. Her body of work places her at the forefront of Aboriginal mental health service delivery.

Mental Health Assessment Workshop Outcomes

**Participants complete the Aboriginal Mental Health Cultural Competency Test (Westerman, 2003) which generates a cultural supervision plan. The training has evidence of improving cultural competencies of participants

- IPS' Cultural Competency Intervention Programs and their results
- Ensuring 'cultural compatibility' - how cultural difference translates with counselling, engagement & intervention
- **Assessing the difference in culture-bound syndromes and mental illness using evidence based tests and assessments including:**
- **ACCREDITATION** in the Acculturation Scale for Aboriginal Australians – measuring the relevance of culture: differentiating between "being spiritually sung"/cursed & psychosis
- Self-harm and cultural 'sorry' cutting – the distinguishing characteristics; cultural grieving & spiritual visits versus psychosis; culture bound depression & treatments; Post-Traumatic Stress – cultural impacts on assessment and treatment. Attachment and cultural parenting – addressing trauma from forcible removal.
- **ACCREDITATION** in the Acculturative Stress Scale for Aboriginal Australians – to gauge the impact of racism, marginalization, within group racism (lateral violence) and cultural identity (adjustment)

BOTH WORKSHOPS INCLUDE ACCREDITATION in the Westerman Aboriginal Symptom Checklist – Youth aged 13-17 (WASC-Y) – the ONLY uniquely developed and validated psychological test for Aboriginal youth worldwide (Canadian Health, 2009) and the Westerman Aboriginal Symptom Checklist – Adult (WASC-A). These tests have suicide risk and resilience subscales. A discount is applied for those registering for both workshops as these participants need only do the accreditation once.

WHAT SOME OF OUR PARTICIPANTS HAVE TO SAY

"From the minute that I stepped into that training room there was a sense of dignity, pride and calmness; Dr Westerman has a remarkable calming presence that makes learning enjoyable and unforgettable. Marcia Hedanek, Wellbeing Counsellor QLD"

"I want to thank you so much for the opportunity to hear the amazing things you're doing for our people. You have definitely inspired me now to continue on my journey. Kristen Ella Aboriginal Mental Health Worker, NSW"

"The most incredible training course I have ever been to. Thank you it was a privilege! Renee Bauer, Psychiatrist, Barwon Health, Victoria"

WORKSHOPS INCLUDE: Aboriginal Mental Health Cultural Competency Test (normally \$250); pre-workshop reading; participant workbook; morning tea, lunch, afternoon tea

Registration Type	Early Bird – 8 weeks prior	Standard	Registration without payment
Mental Health	\$1,550	\$1,600	\$1,650
Suicide Prevention	\$1,125	\$1,175	\$1,225
MH & SP Combined	\$2,475	\$2,525	\$2,575

2012 Registration Form

(A tax invoice will be issued upon receipt of a completed registration form)
ABN: 98 090 758 713



Please select

LOCATIONS & DATES:

Perth: Mental Health Assessment 27 & 28 May 2013 Suicide Prevention 30 & 31 May 2013
Darwin: Mental Health Assessment 24 & 25 June 2013 Suicide Prevention 27 & 28 June 2013

PRICING OPTIONS FOR WORKSHOPS:

MENTAL HEALTH ASSESSMENT WORKSHOP

EARLY BIRD REGISTRATION

STANDARD REGISTRATION

- \$1,550 If payment is received with registration \$1,600 If payment is received with registration
 \$1,600 If payment is NOT received with registration \$1,650 If payment is NOT received with registration

SUICIDE PREVENTION WORKSHOP

EARLY BIRD REGISTRATION

STANDARD REGISTRATION

- \$1,125 If payment is received with registration \$1,175 If payment is received with registration
 \$1,175 If payment is NOT received with registration \$1,225 If payment is NOT received with registration

MENTAL HEALTH ASSESSMENT & SUICIDE PREVENTION COMBINED**discount for registering in both workshops

EARLY BIRD REGISTRATION

STANDARD REGISTRATION

- \$2,475 If payment is received with registration \$2,525 If payment is received with registration
 \$2,525 If payment is NOT received with registration \$2,575 If payment is NOT received with registration

Details of person attending workshop ** Mailing address for workshop information

Title: _____ Name: _____

Position: _____ Email: _____

Postal address: _____ State: _____ P/C: _____

Tel Bus hrs (*required): (_____) _____ Tel After hrs (*required): (_____) _____

Details of person/agency responsible for payment ** Mailing address for a/cs information

Agency to be invoiced (** required:) _____

Postal address: _____ State: _____ P/C: _____

Agency Tel :(*required): (_____) _____ Fax: (*required): (_____) _____

Email: _____

Terms & conditions

- ERRORS in registration type / payment will be processed according to the advertised category criteria. Delegates are responsible for errors in details.
- Once registered, fees are payable and are non-refundable, although places are transferable to another person in your agency.
- If workshops are cancelled by IPS, full refunds of REGISTRATION FEES will be provided. Participants traveling for workshops MUST BOOK FULLY REFUNDABLE OR CHANGEABLE AIRFARES.
- CANCELLATION policy is NOT NEGOTIABLE. IPS regrets the difficult personal circumstances that prevent people from attending, including medical conditions, emergencies, severe weather conditions or transport difficulties, however the logistics of event management prevents IPS from assuming responsibility for these contingencies.
- FEES MUST BE FULLY PAID two weeks prior to the training

I understand & agree to these terms.

Signature of participant or representative: (*required): _____

Payment details

Cheques made payable to "Indigenous Psychological Services OR

Please debit my credit card \$ _____



Name: _____ Expiry: _____ CCV: _____ (last 3 digits on back of c/c)

Number: _____

Signature: _____

Post form with payment to:
Indigenous Psychological
Services PO Box 1198
East Victoria Park WA 6981
Or
Fax: 08 9362 5546

OR Register online @ www.indigenoupsychservices.com.au (if paying by credit card)